



## DR. OLIVIA JOHNSON

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### Education

#### ***Degree / Date of Graduation***

DM Doctorate of Management & Organizational Leadership. University of Phoenix	2010
M.A. Criminology & Criminal Justice. University of Missouri, St. Louis	2005
B.A. Workforce Education and Development. Southern Illinois University	2001
Am. Assoc. of Suicidology Law Enforcement Psychol. Autopsy Certification	2020

### Experience

#### ***Name of Employer***

<i>Institute for Intergovernmental Research (Senior Research Associate)</i>	<i>2014 - 2020</i>
<i>Lindenwood University (Adjunct Professor)</i>	<i>2015 - 2017</i>
<i>Blue Wall Institute (Instructor/Consultant)</i>	<i>2010 - present</i>
<i>Sandoval IL Police Department (Police Officer)</i>	<i>2004 - 2008</i>
<i>United States Air Force (Airfield Management Specialist)</i>	<i>1994 - 2001</i>

### Publications

Carlson-Johnson, Olivia & Grant, Heath & Lavery, Cathryn. (2020). Caring for the Guardians- Exploring Needed Directions and Best Practices for Police Resilience Practice and Research. *Frontiers in Psychology*. 11. 1874. 10.3389/fpsyg.2020.01874.

- Huntley, D., Charette, C., Dodson, K., Grammatico, H., Cooney-Koss, L., Johnson, O.N., & Brown, J. (2017). Introduction to parricide: When children kill parents. *The Journal of Forensic Behavioral Health, 1*(1).
- Huntley, D., Cich, J., Pickett, H., Eckberg, D., Johnson, O., & Dodson, K.D. (2018). Obsessive compulsive disorder (OCD) and compulsive hoarding in the criminal justice system. In J. Brown & E. Weinkauff (Eds.), *Forensic mental health: A source guide for professionals* (pp. 268-83). St. Paul, MN: Forensic Press International.
- Johnson, O., & Barthelmass, S. (2011). Mental illness and risks for law enforcement. *The Bridge, 14*(3): 6-7.
- Johnson, O., & Brown, J. (Spring, 2018). Repercussions of bullying on adolescent mental health. *Forensic Mental Health Insider, 1*(2).
- Johnson, O., & Brown, J. (2017). Suicide awareness and prevention for law enforcement professionals. *The Police Chief, 84*(11).
- Johnson, O., Brown, J., & Hull, A. (2018, Spring). Repercussions of behavior adolescent mental health. *Forensic Mental Health Insider, 1*(2), pp. 103.
- Johnson, O., Carlson, P., Murphy, B., Flory, D., Lankford, B., & Wyllie, D. (2016). Preparing civilians to survive an active shooter event. *The Journal of Law Enforcement, 5*(2).
- Johnson, O. (2012). Behind the badge: Broken in blue. Belleville, IL: Blue Wall of Silence.
- Johnson, O. (2011). Blue wall of silence: Perceptions of the influence of training on law enforcement suicide. Belleville, IL: Global Health Care Systems.
- Johnson, O. (2018). Enhancing officer resilience. *ILEETA Journal 8*(1), 67.
- Johnson, O. (2018). Good order, discipline, and military sexual assault. *Journal of Military*
- Johnson, O. (2011). Occupational hazard: Depression on the force. *The Journal of Law Enforcement, 1*(2).
- Johnson, O. (2013, Spring). Sleep deprivation in first responders. *The ILEETA Journal* (Spring), 19-21.
- Johnson, O. (2012). The balanced warrior workbook: A proactive approach to officer wellness. Belleville, IL: Blue Wall of Silence.
- Papazoglou, K., Kamkar, K., Johnson, O., & Russo, C. (in prep). Stress, Prevention, and Resilience among First Responders. *International Journal of Environmental Research and Public Health: Special Issue*.
- Papazoglou, K., Russo, C., & Johnson, O. (2019). Police Self-Compassion. In L. Galiana (Ed.), *The Power of Compassion* (pp. 1-12). Nova Publishers: Hauppauge, NY.
- Russo, C., Aukhojee, P., Tuttle, B.M., Johnson, O., Davies, M., Chopko, B., & Papazoglou, K. (2019). Compassion Fatigue & Burnout. In K. Papazoglou & D.M. Blumberg (Eds.), *POWER: Police Officers Wellness, Ethics, & Resilience* (pp.97-115). Elsevier-Academic Press: San Diego, CA.
- Salvatore, T., Dodson, K.D., Johnson, O., Cich, J., Harrowers, D., & Brown, J. (2018). Domestic violence: Driver of adult and elder murder-suicide. *The Forensic Mental Health Practitioner, 1*(1), pp. 1-14.

## **Training**

- Iowa Sheriffs' and Deputies' Association "Winter School" – "Building a Better Cop" - Des Moines, IA. March 3, 2021.
- The Balanced Warrior: Proactive Officer Wellness – January 26, 2021, Hamilton Township Police Department, Maineville, OH.
- Louisiana Probation & Parole Conference. VALOR: Enhancing Officer Resilience Supplemental Lake Charles, LA. March 11-12, 2020.
- Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental - Albany, NY: March 5-6, 2020. Grant Number: BJA-2019-15113

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL – February 6, 2020.

Wisconsin Sheriff's and Deputy Sheriff's Association Conference. VALOR Officer Wellness: Enhancing your Health, Wellness, and Resilience. Green Bay, WI: February 3, 2020.

United States Attorney's Office, Eastern District of Arkansas. National Suicide Awareness for Law Enforcement Officers Program "SAFLEO" Executive Pilot - Little Rock, AR, December 16-17, 2019.

Southern Illinois Law Enforcement Commission (SILEC): The Balanced Warrior: Proactive Officer Wellness™. Belleville, IL: December 9, 2019.

United States Attorney's Office, Eastern District of Arkansas. VALOR: Enhancing Officer Resilience Supplemental - Memphis, TN. October 1-2, 2019.

Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental - Yuma, AZ. September 12-14, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental - Cincinnati, OH. August 18-19, 2019. Grant Number: BJA-2019-15113

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL – August 15, 2019.

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience Supplemental - Miami, FL. August 9-10, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience - Casper, WY. August 6-7, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience Supplemental – Jacksonville, FL. April 30-May1, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience Supplemental - Wilmington, DE. April 15-16, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience - Bel Air, MD April 2-3, 2019.

ILEAS Conference. Police Stress: The Good, the Bad, and the Ugly®. Springfield, IL: March 25, 2019.

ILEETA: Dealing with an Officer in Crisis. St. Louis, MO: March 22, 2019. Union Station.

ILEETA: Dealing with an Officer in Crisis. St. Louis, MO: March 23, 2019. Union Station.

Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental – Wilmington, DE. March 11-12, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental – Wilmington, DE. March 4-5, 2019. Grant Number: BJA-2019-15113

Resilient-4-Life® St. Clair County Sheriff's Department, Belleville, IL: Feb. 28, 2019 [Police and Corrections personnel].

Resilient-4-Life® St. Clair County Sheriff's Department, Belleville, IL: Feb. 21, 2019 [Police and Corrections personnel].

Southern Illinois Law Enforcement Commission. Vicarious Trauma in Tele-Communicators - Out of Sight Out of Mind: Wood River, Illinois, February 7, 2019.

United States Attorney's Office, Eastern District of Arkansas. VALOR: Enhancing Officer Resilience - Little Rock, Arkansas, February 4-5, 2019.

Enhancing Officer Resilience - Memphis, Tennessee - Postal Police, January 17, 2019.

Enhancing Officer Resilience - Kansas City, Missouri, December 5, 2018 National Public Safety Partnerships Conference.

Enhancing Officer Resilience - Annual LECC/SCLEOA Executive Level Training and SC Police Chiefs Association Columbia, SC, November 28, 2018.

The Balanced Warrior: Proactive Officer Wellness - November 9, 2018, Central Virginia Criminal Justice Center, Lynchburg, VA.

Surviving & Thriving: Behind the Badge - November 8, 2018, Central Virginia Criminal Justice Center, Lynchburg, VA.

Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) Health, Wellness, & Resiliency - October 15-17, 2018, VALOR Supplemental -Bensalem, PA. Grant Number: BJA-2019-15113

International Association of Chiefs of Police - Creating a Culture to Address Police Suicide, IIR, Orlando, FL. October 6-9, 2018.

Forty-fourth Annual Conference of the Society for Police and Criminal Psychology. Suicide in St. Clair County, Illinois: Recommendations and Strategies towards Improved Awareness, Prevention, and Intervention Measures. Sarasota, FL: September 30 - Oct 2, 2018.

National Public Safety Partnership. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) Health, Wellness, & Resiliency - Birmingham, AL: September 23-24, 2018. Grant Number: BJA-2019-15113

Stalking: When Obsession goes too far. Quincy, IL: Family Violence Coordinating Council - September 21, 2018.

Twenty-sixth Annual Four Corners Indian Country Conference. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research Health, Wellness, & Resiliency – September 18-20, 2018.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - Waterford, CT: September 12-13, 2018. National Black State Troopers Coalition, Charleston, SC. Grant Number: BJA-2019-15113

Office of the Inspector General - Social Security Administration. The Balanced Warrior: Proactive Officer wellness. Drury Inn, St. Louis, MO: September 11, 2018.

National Native American Law Enforcement Association 26th Annual Conference. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research - Health, Wellness, & Resiliency - Las Vegas, NV: August 28-30, 2018. National Black State Troopers Coalition, Charleston, SC.

FBI Law Enforcement Executive Development Seminar. Bureau of Justice Assistance - Institute for Intergovernmental Research Health, Wellness, & Resiliency - Atlanta, GA: August 15-16, 2018. National Black State Troopers Coalition, Charleston, SC.

Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research - Health, Wellness, & Resiliency - August 8, 2018, National Black State Troopers Coalition, Charleston, SC. Grant Number: BJA-2019-15113

Destination Zero Conference, Wellness Panel Member, August 1-2, 2018, Phoenix, AR. Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - July 25-26, 2018, VALOR Supplemental, Jacksonville, AR.

Peer Support Training, July 17-18, 2018, Omaha, NE: Police & Fire Departments.

Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) Health, Wellness, & Resiliency - July 12-13, 2018, VALOR Vernal, UT. Grant Number: BJA-2019-15113

Police Officer Panel on Stress in Law Enforcement - Charlotte, NC, July 9-12, 2018.

Town Hall "Suicide in St. Clair County Illinois 2006-16. St. Clair County Sheriff's Department, Belleville, IL. June 28, 2018.

Law Enforcement Training and Certification Seminar. Mental Health and Awareness for Law Enforcement, June 25-26, 2018, Tulsa, OK. Hard Rock Hotel and Casino.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 21-22, 2018, VALOR Kalamazoo, MI. Grant Number: BJA-2019-15113

National Sheriff's Association Conference, New Orleans LA. Panel - Creating a Culture to Combat Officer Suicide. June 15-20, 2018.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 12-14, 2018, VALOR Honolulu, HI. Grant Number: BJA-2019-15113

2018 Prairie States Animal Welfare Conference, Bloomington, IL June 4, 2018 - Coping with Stress: Responders to Victims of Violence & Trauma Related Experiences.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - May 16-17, 2018, VALOR Las Vegas, NV. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - May 8-9, 2018, VALOR Glendora, CA. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 25-26, 2018, VALOR Washington, D.C. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 17-18, 2018, VALOR Birmingham, AL. Grant Number: BJA-2019-15113

International Law Enforcement Educators and Trainers Association (ILEETA) - Enhancing Officer Resilience [VALOR] March 21, 2018, St. Louis, Missouri, Union Station.

Coping with Stress as a Responder to Victims of Violence and Trauma Related Experiences. March 7, 2018, the 4th Judicial Circuit Family Violence Coordinating Council -Knights of Columbus Effingham, IL.

Survive & Thrive: Protecting You and Your Fellow Officer - Blackwood, NJ; Camden County College Emergency Training Center, March 8, 2018: Safety through Mental Health & Resilience.

In-service training Alton District #11 Vicarious Trauma, Burnout, Stress, and Suicide Risks. February, 16, 2018, Alton, IL.

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Madison County ETSB Office, Wood River, IL - February 8, 2018.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - November 2-3, 2017– VALOR Arlington, TX. Grant Number: BJA-2019-15113

IRMA Police Forum. The Good, the Bad, and the Ugly: Managing Police Stress. Westchester, IL. October 26, 2017.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 6-8, 2017– VALOR Alexandria, VA. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 6-8, 2017– VALOR Arlington, TX. Grant Number: BJA-2019-15113

2017 FVCC Summit, Quincy IL Senior Center, The Good, the Bad, and the Ugly: Coping with Stress as a Responder to Victims of Violence and Trauma-Related Experiences - September 22, 2017.

Southwestern Border Sheriff's Coalition Enhancing your Resilience. Hilton San Diego Resort & Spa, San Diego, CA. September 10-12, 2017.

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL, February 8, 2017.

National Association of Women in Law Enforcement Executives [NAWLEE] - Enhancing Officer Resilience, August 4-5, 2017, Kansas City, MO.

Destination Zero Conference, Wellness Panel Member, August 3-4, 2017, Orlando, FL.

The National Organization of Black Law Enforcement Executives [NOBLE] Enhancing Officer Resilience Conference, August 1-2, 2017, Atlanta, GA.

Destination Zero Conference, Officer Safety and Wellness Panel, August 3-4, 2017, Orlando, FL.

National Association of Women in Law Enforcement, Enhancing Officer Resilience, August 4, 2017, Kansas City, MO.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 27-29, 2017– VALOR Harrisburg, PA. Grant Number: BJA-2019-15113

Southern Illinois Law Enforcement Commission (SILEC) Police Stress: The Good, the Bad, and the Ugly - June 16, 2017 Lindenwood University Collinsville, Illinois.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 6-8, 2017– VALOR Newberry, SC. Grant Number: BJA-2019-15113

Police Officer Wellness & Resilience, Mobile Training Unit [MTU] #9 Quincy, IL. May 11, 2017.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 20, 2017– VALOR Supplemental Greencastle, IN. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 20, 2017– VALOR Supplemental Noblesville, IN. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 12-13, 2017– VALOR Essentials - Havana, FL. Grant Number: BJA-2019-15113

Women in Criminal Justice Conference - Bloomington-Normal, Illinois - Final Keynote Speaker April 5-6, 2017.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - March 28-30, 2017– VALOR Essentials, Little Rock, Arkansas. Grant Number: BJA-2019-15113

Missouri State Park Rangers Conference, Eminence, Missouri (VALOR Supplemental). Officer Wellness: Enhancing your Health, Wellness, and Resiliency. March 21, 2017.

International Law Enforcement Educators and Trainers Association (ILEETA) - Dealing with an Officer in Crisis March 23, 2017, St. Louis, Missouri, Union Station.

International Law Enforcement Educators and Trainers Association (ILEETA) - Dealing with an Officer in Crisis March 24, 2017, St. Louis, Missouri, Union Station.

Health Summit (St. Clair County (IL) - Suicide Statistics 2006-16 - Four Points Sheraton, Fairview Heights, IL March 3, 2017.

Southern Illinois Law Enforcement Commission (SILEC): The Balanced Warrior: Proactive Officer Wellness - February 24, 2017 - Lindenwood University, Collinsville, IL.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - February 21, 2017– VALOR Supplemental Jonesboro, GA. Grant Number: BJA-2019-15113

The Other Side of the Badge (Spouses Class), Bend, OR February 18, 2017.

The Balanced Warrior: Proactive Officer Wellness, Bend, OR [Bend Police Department] February 17, 2017.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – February 14-16, 2017 – Georgetown, TX Resilience through Preparation - VALOR Officer. Grant Number: BJA-2019-15113

Safety Conference First Responder Conferences - Cocoa Beach, FL - February 5, 2017 - First Responder Resilience.

First Responder Conferences - Charlotte, NC - January 20, 2017, First Responder Resilience.

Mid-Atlantic Association of Women in Law Enforcement (VALOR - Supplemental) – Conshohocken, PA. Enhancing your Resiliency. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – Nov. 15-17, 2016 – Kansas City, KS Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – Oct. 4-6, 2016 – Wichita, KS Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Oregon Association of Chiefs of Police/Oregon State Sheriff's Association/Enhancing Resilience through Leadership - September 28-29, 2016, Salem, OR.

Safe Call Now - Career Protection Resilience Conference "First Responder Resilience" September 28-30, 2016, Seattle, WA.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – Sept. 20-22, 2016 – Dearborn, MI. Grant Number: BJA-2019-15113

Resilience through Preparation - VALOR Officer Safety Conference Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) (VALOR Program) Enhancing your Resiliency – Sept. 14-16, 2016 – Wilmington, DE. Grant Number: BJA-2019-15113

Resilience through Preparation - VALOR Officer Safety Conference Mid-States Organized Crime Information Center Conference & Training Session, Surviving & Thriving Behind the Badge -August 23-24, 2016 – Wichita, KS. Grant Number: BJA-2019-15113

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ -Lindenwood University, Collinsville, IL Aug. 18, 2016.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – August 10-12, 2016 – Camden, NJ Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – July 20-22, 2016 – Harlingen, TX Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – July 16-18, 2016 – Nashville, TN Resilience through Preparation - VALOR Officer Safety Conference, Grant Number: BJA-2019-15113

Surviving & Thriving Behind the Badge – Maineville, OH – July 15, 2016.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – July 12-14, 2016 – Belle Chase, LA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – June 28-30, 2016 – Indianapolis, IN Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – June 21-23, 2016 – St. Louis, MO Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

U.S. Attorney's Office – Kearney, NE, May 20, 2016 Resilience through Preparation Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – May 17-19, 2016 – Pearl, MS Resilience through Preparation – VALOR Officer Safety Conference.

Parsons, KS Police Department – May 12, 2016, BOLO 4: Stress, Anxiety Disorders & PTSD and BOLO 6: Communication Issues and Domestic Violence.

Parsons, KS Police Department – May 13, 2016, Surviving & Thriving Behind the Badge.

Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) (VALOR Program) Enhancing your Resiliency – May 19-21, 2016 – Tulsa, OK Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – March 29-31, 2016 – Atlanta, GA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 13, 2016, Dealing with the At-Risk Employee.

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 14, 2016, Spouses Program: Relationships and Substance Abuse.

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 15, 2016, Surviving & Thriving Behind the Badge.

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 16, 2016, Dealing with the At-Risk Employee.

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 17, 2016, Surviving & Thriving Behind the Badge.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – January 20-22, 2016 – Layton, UT Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – January 13-15, 2016 – Las Vegas, NV Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – December 15-17, 2015 – San Bruno, CA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – December 9-11, 2015 – Oregon Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – November 17-19, 2015 – Richmond, VA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

National Institute of Public Safety Health (NIPSH) Indianapolis, Indiana - Indiana State Museum - November 6, 2015 - Police Stress: The Good, the Bad, & the Ugly.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – October 13-15, 2015 – Bryant, AR Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – October 5-7, 2015 – Salem, OR Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

St. Louis County & Municipal Police Academy Surviving & Thriving Behind the Badge October 1, 2015 (8am-5pm) - St. Peters (MO) Police Department.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency - September 16-19, 2015 – Hurst, TX Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research (VALOR Program) Enhancing your Resiliency - September 9-11, 2015 - Freehold, NJ. Grant Number: BJA-2019-15113

Midwest Security & Police Conference and Expo Police Stress: The Good, the Bad, & the Ugly August 19, 2015.

Police Suicide: You don't have the Right to Remain Silent – August 20, 2015, Tinley Park, Illinois.



Surviving & Thriving Behind the Badge - Southern Illinois Law Enforcement Commission June 30, 2015 – Lindenwood University, Collinsville, Illinois.

National Alliance on Mental Illness (NAMI) Keynote Speaker: Police Stress June 9, 2015 – Gateway Regional Hospital Granite City, Illinois.

St. Louis County and Municipal Police Academy May 07, 2015 St. Peters Missouri Police Department. The Balanced Warrior: Proactive Officer Wellness.

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ -, Wood River, IL February 8, 2015.

Illinois Law Enforcement Alarm System (ILEAS) Conference April 27, 2015 Crowne Plaza Springfield, IL Surviving & Thriving Behind the Badge.

No Family Left Behind April 24-25, 2015 Faith Family Church, Shiloh, IL Military Suicide Prevention.

Montana Department of Corrections: Missoula, Montana - Surviving & Thriving Behind the Badge April 10, 2015.

Montana Department of Corrections: Missoula, Montana - The Balanced Warrior: Proactive Officer Wellness April 13, 2015.

Southwestern Illinois College - December 2, 2014 (SILEC) Surviving & Thriving Behind the Badge Belleville, IL.

Southwestern Illinois College - December 9, 2014 (SILEC) Surviving & Thriving Behind the Badge - Belleville, IL

Illinois Baptist State Association - AWSOM Event November 8, 2014, Self-Defense Awareness – Springfield, IL.

2014 Oregon Fire Service Conference Keynote: To Strengthen & Serve - November 6, 2014, Sunriver Resort, Bend OR.

Church of Strength Conference Rosemont, IL October 11, 2014, Church Safety & Security.

Church of Strength Conference Marion, IL September 27, 2014, Church Safety & Security.

Johnson County Community College Overland Park, Kansas September 10, 2014, The Balanced Warrior: Proactive Officer Wellness.

United States Attorney's Office Kankakee, Illinois September 9, 2014, Advanced Elderly Service Officer (ESO) Training.

Heartland Community College Normal, Illinois September 3, 2014, The Balanced Warrior: Proactive Officer Wellness.

Mid-States Organized Crime Information Center (MOCIC) Deadwood, South Dakota August 19-21, 2014, Police Stress: The Good, the Bad, & the Ugly.

United States Probations & Parole Osage Beach, Missouri, Tan- Tar-A Resort - July 24, 2014 The Balanced Warrior: Proactive Officer Wellness.

Greene County Public Safety Center Springfield, Missouri - July 14, 2014, The Balanced Warrior: Proactive Officer Wellness.

Greene Country Public Safety Center Springfield, Missouri - July 15, 2014, Police Stress: The Good, the Bad, & the Ugly.

O'Fallon Department of Public Safety/Southern Illinois Law Enforcement Commission (SILEC) – O'Fallon, Illinois - June 19, 2014, Surviving & Thriving Behind the Badge.

Law Enforcement Training Institute Columbia, Missouri - April 24, 2014, The Balanced Warrior: Proactive Officer Wellness.

Law Enforcement Training Institute Columbia, Missouri - April 25, 2014, Police Stress: The Good, the Bad, and the Ugly.

ICI Detective Training Symposium Los Angeles Police Department (LAPD) April 7-10, 2014, Police Stress: The Good, the Bad, and the Ugly.

St. Louis County & Municipal Police Academy St. Peters, MO PD April 4, 2014, Surviving & Thriving Behind the Badge.

National Interdiction Conference Nashville, Tennessee - March 30 – April 3, 2014 Police Suicide: You don't have the Right to Remain Silent.

International Law Enforcement Educators & Trainers Association (ILEETA) Lombard, Illinois – March 26, 2014, The Balanced Warrior: Proactive Officer Wellness.

International Law Enforcement Educators & Trainers Association (ILEETA) Lombard, Illinois – March 28, 2014, The Balanced Warrior: Proactive Officer Wellness.

Project IL Blue Light - East Peoria, Illinois - February 25, 2014, Police Stress: The Good, the Bad, and the Ugly.

Crisis Systems Management (CSM) - St. Croix, US VI Police Department - January 19- 24, 2014, Law Enforcement Resiliency – Peer Support (LERPS).

International Association of Chiefs of Police (IACP) Law Enforcement Education & Technology Exposition Philadelphia, Pennsylvania - October 19- 23, 2013, The Balanced Warrior: Proactive Officer Wellness.

International Association of Chiefs of Police (IACP) Law Enforcement Education & Technology Exposition Philadelphia, Pennsylvania - October 19- 23, 2013, Poster Session: Police Stress: The Good, the Bad, & the Ugly.

FBINAA 2013 Annual Training Conference Rosen Shingle Creek Resort - Orlando, Florida July 27-30, 2013, The Balanced Warrior: Proactive Officer Wellness.

La Salle County Sheriff's Department Ottawa, Illinois - May 6, 2013, The Balanced Warrior: Proactive Officer Wellness.

Lake Zurich Police Department Lake Zurich, Illinois - April 8, 2013, The Balanced Warrior: Proactive Officer Wellness.

National Interdiction Conference Tulsa, Oklahoma - March 11, 2013, Police Suicide: You don't have the Right to Remain Silent.

St. Louis County & Municipal Police Academy St. Louis, Missouri - January 25, 2013, The Balanced Warrior: Proactive Officer Wellness.

Thomas A. Hontz Training Facility Tempe, Arizona - January 28, 2013, The Balanced Warrior: Proactive Officer Wellness.

Southern Illinois Law Enforcement Commission (SILEC) - Belleville, Illinois - September 25, 2012, The Balanced Warrior: Proactive Officer Wellness.

Midwest Security & Police Conference Tinley Park Convention Center Tinley Park, Illinois, August 21-22, 2012, Police Suicide: You don't have the Right to Remain Silent.

International Law Enforcement Educators & Trainers Association (ILEETA) Wheeling, Illinois, 16-22 April 2012, Police Suicide: You don't have the right to Remain Silent.

Crisis Systems Management (CSM), LLC Schofield Barracks, Hawaii- 27 February - March 2, 2012, U.S. Army Military Police School (USAMPS) Critical Incident Peer Support.

Crisis Systems Management (CSM), LLC Fort Sill, Oklahoma - December 3 – 7, 2012, U.S. Army Military Police School (USAMPS) Critical Incident Peer Support.

Crisis Systems Management, LLC Fort Leavenworth, Kansas - February 10-16, 2013, U.S. Army Military Police School (USAMPS) Critical Incident Peer Support.

International Association of Chiefs of Police (IACP) Chicago, Illinois - October 23, 2011, Epidemic in Blue: Police Suicide Awareness & Prevention.

Mental Health in Law Enforcement: A Proactive Approach National Committee with Attorney General International Association of Chiefs of Police Symposium on Police Officer Suicide - Alexandria Virginia Police Department March – July 2013.

Beyond Survival Towards Officer Wellness (BeSTOW) (2010) Speaker/Presenter on Police Suicide - Federal Bureau of Investigations (FBI) Behavioral Science Unit.