

A close-up, black and white photograph of a greyhound's face, showing its eye and the texture of its fur. The image is the background for the top half of the page.

2020-2021

COURSE CATALOG



Officer Adam Taulbee (Ret.) presentation/consulting rates: Four-Hour Block: \$1000 plus travel and expenses. Eight-Hour Block: \$2000 plus travel and expenses. Prices negotiable for multiple days of continuous training and for large groups. Seating is capped at 50 per class unless negotiated. Classes with a second instructor will be negotiated.

Aftermath and Chaos: Officer Needs Assistance

Police work is dangerous, but what happens when the officer becomes the victim of a critical incident? The first few seconds and days following the incident can have significant, long-term consequences for everyone in the officer's life. In 2018, over 60,000 officers were assaulted leading to nearly a third injured (nleomf.org). Too often, an injured officer is faced with a sudden and unexpected retirement. Sadly, this is a journey many are not ready to handle. This class will prepare you for life outside law enforcement.

Duration: 4-hour or 8-hour format

Learning Goals and Objectives

- Examine post-event considerations (officer, agency, family)
- Examine the media's role in post-event reporting
- Develop protocol to mitigate mental health/psychological issues
- Identify positive opportunities drawn from a tragic critical incident
- Identify Command Level considerations surrounding a critical incident
- Discuss basic knowledge of a line-of-duty disability retirement process

Surviving the Critical Incident: Mental Health Matters

The mental health of a police officer can decline rapidly following any kind of critical incident. Pitfalls are everywhere (e.g., lack of agency support, family issues, substance abuse, self-doubt). Many officers are well prepared for the actual event, but are often ill-equipped for what essentially follows. This class provides insight into the impact critical incidents can have on mental health. Every day the possibility exists that you could be involved in a critical incident, which means the possibility exists that your mental health can be impacted. No one is immune.

Duration: 4-hour format

Learning Goals and Objectives

- Identify potential mental health issues post-event
- Discuss how to help mitigate mental health issues
- Identify physical/emotional/psychological reactions to extreme stress
- Discuss personality changes that might indicate mental health decline
- Identify career concerns related to mental health decline
- Recognize retirement considerations

After-Effects on The Family: Post-Critical Incident

Following a near death experience, officers are faced with issues that are rarely addressed in training. Law enforcement values the cooperation with the media for locating missing kids and finding wanted subjects, but on the flip-side, officers can be scrutinized over decisions made in the public domain. This may come at the cost of personal privacy to the involved officer and their family. The resulting stress can either bring a family closer or tear them apart. No one thinks it will happen to them. That's what I thought, until it did. This class provides a realistic view into the personal side following a critical incident from an officer who has lived it first-hand.

Duration: 4-hour or 8-hour format

Learning Goals and Objectives

- Understand the role of the media and law enforcement
- Identify potential resources media might use to locate an officer
- Discuss the accuracy of reporting surrounding critical incidents
- Recognize family concerns (privacy, safety, etc.)
- Develop a family safety plan (physical and online)
- Identify unhealthy indicators the family should watch for
- Discuss the importance of a healthy support system