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Education

Degree / Date of Graduation

DM Doctorate of Management & Organizational Leadership. University of Phoenix	2010
M.A. Criminology & Criminal Justice. University of Missouri, St. Louis	2005
B.A. Workforce Education and Development. Southern Illinois University	2001
Am. Assoc. of Suicidology Law Enforcement Psychol. Autopsy Certification	2020

Experience

Name of Employer

<i>Institute for Intergovernmental Research (Senior Research Associate)</i>	<i>2014 - 2020</i>
<i>Lindenwood University (Adjunct Professor)</i>	<i>2015 - 2017</i>
<i>Blue Wall Institute (Instructor/Consultant)</i>	<i>2010 - present</i>
<i>Sandoval IL Police Department (Police Officer)</i>	<i>2004 - 2008</i>
<i>United States Air Force (Airfield Management Specialist)</i>	<i>1994 - 2001</i>

Publications

Carlson-Johnson, Olivia & Grant, Heath & Lavery, Cathryn. (2020). Caring for the Guardians- Exploring Needed Directions and Best Practices for Police Resilience Practice and Research. *Frontiers in Psychology*. 11. 1874. 10.3389/fpsyg.2020.01874.

- Huntley, D., Charette, C., Dodson, K., Grammatico, H., Cooney-Koss, L., Johnson, O.N., & Brown, J. (2017). Introduction to parricide: When children kill parents. *The Journal of Forensic Behavioral Health, 1*(1).
- Huntley, D., Cich, J., Pickett, H., Eckberg, D., Johnson, O., & Dodson, K.D. (2018). Obsessive compulsive disorder (OCD) and compulsive hoarding in the criminal justice system. In J. Brown & E. Weinkauff (Eds.), *Forensic mental health: A source guide for professionals* (pp. 268-83). St. Paul, MN: Forensic Press International.
- Johnson, O., & Barthelmass, S. (2011). Mental illness and risks for law enforcement. *The Bridge, 14*(3): 6-7.
- Johnson, O., & Brown, J. (Spring, 2018). Repercussions of bullying on adolescent mental health. *Forensic Mental Health Insider, 1*(2).
- Johnson, O., & Brown, J. (2017). Suicide awareness and prevention for law enforcement professionals. *The Police Chief, 84*(11).
- Johnson, O., Brown, J., & Hull, A. (2018, Spring). Repercussions of behavior adolescent mental health. *Forensic Mental Health Insider, 1*(2), pp. 103.
- Johnson, O., Carlson, P., Murphy, B., Flory, D., Lankford, B., & Wyllie, D. (2016). Preparing civilians to survive an active shooter event. *The Journal of Law Enforcement, 5*(2).
- Johnson, O. (2012). Behind the badge: Broken in blue. Belleville, IL: Blue Wall of Silence.
- Johnson, O. (2011). Blue wall of silence: Perceptions of the influence of training on law enforcement suicide. Belleville, IL: Global Health Care Systems.
- Johnson, O. (2018). Enhancing officer resilience. *ILEETA Journal 8*(1), 67.
- Johnson, O. (2018). Good order, discipline, and military sexual assault. *Journal of Military*
- Johnson, O. (2011). Occupational hazard: Depression on the force. *The Journal of Law Enforcement, 1*(2).
- Johnson, O. (2013, Spring). Sleep deprivation in first responders. *The ILEETA Journal* (Spring), 19-21.
- Johnson, O. (2012). The balanced warrior workbook: A proactive approach to officer wellness. Belleville, IL: Blue Wall of Silence.
- Papazoglou, K., Kamkar, K., Johnson, O., & Russo, C. (in prep). Stress, Prevention, and Resilience among First Responders. *International Journal of Environmental Research and Public Health: Special Issue*.
- Papazoglou, K., Russo, C., & Johnson, O. (2019). Police Self-Compassion. In L. Galiana (Ed.), *The Power of Compassion* (pp.1-12). Nova Publishers: Hauppauge, NY.
- Russo, C., Aukhojee, P., Tuttle, B.M., Johnson, O., Davies, M., Chopko, B., & Papazoglou, K. (2019). Compassion Fatigue & Burnout. In K. Papazoglou & D.M. Blumberg (Eds.), *POWER: Police Officers Wellness, Ethics, & Resilience* (pp.97-115). Elsevier-Academic Press: San Diego, CA.
- Salvatore, T., Dodson, K.D., Johnson, O., Cich, J., Harrowers, D., & Brown, J. (2018). Domestic violence: Driver of adult and elder murder-suicide. *The Forensic Mental Health Practitioner, 1*(1), pp. 1-14.

Training

- Louisiana Probation & Parole Conference. VALOR: Enhancing Officer Resilience Supplemental Lake Charles, LA. March 11-12, 2020.
- Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental - Albany, NY: March 5-6, 2020. Grant Number: BJA-2019-15113

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL – February 6, 2020.

Wisconsin Sheriff's and Deputy Sheriff's Association Conference. VALOR Officer Wellness: Enhancing your Health, Wellness, and Resilience. Green Bay, WI: February 3, 2020.

United States Attorney's Office, Eastern District of Arkansas. National Suicide Awareness for Law Enforcement Officers Program "SAFLEO" Executive Pilot - Little Rock, AR, December 16-17, 2019.

Southern Illinois Law Enforcement Commission (SILEC): The Balanced Warrior: Proactive Officer Wellness™. Belleville, IL: December 9, 2019.

United States Attorney's Office, Eastern District of Arkansas. VALOR: Enhancing Officer Resilience Supplemental - Memphis, TN. October 1-2, 2019.

Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental - Yuma, AZ. September 12-14, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental - Cincinnati, OH. August 18-19, 2019. Grant Number: BJA-2019-15113

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL – August 15, 2019.

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience Supplemental - Miami, FL. August 9-10, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience - Casper, WY. August 6-7, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience Supplemental – Jacksonville, FL. April 30-May1, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience Supplemental - Wilmington, DE. April 15-16, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance VALOR: Enhancing Officer Resilience - Bel Air, MD April 2-3, 2019.

ILEAS Conference. Police Stress: The Good, the Bad, and the Ugly®. Springfield, IL: March 25, 2019.

ILEETA: Dealing with an Officer in Crisis. St. Louis, MO: March 22, 2019. Union Station.

ILEETA: Dealing with an Officer in Crisis. St. Louis, MO: March 23, 2019. Union Station.

Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental – Wilmington, DE. March 11-12, 2019. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental – Wilmington, DE. March 4-5, 2019. Grant Number: BJA-2019-15113

Resilient-4-Life® St. Clair County Sheriff's Department, Belleville, IL: Feb. 28, 2019 [Police and Corrections personnel].

Resilient-4-Life® St. Clair County Sheriff's Department, Belleville, IL: Feb. 21, 2019 [Police and Corrections personnel].

Southern Illinois Law Enforcement Commission. Vicarious Trauma in Tele-Communicators - Out of Sight Out of Mind: Wood River, Illinois, February 7, 2019.

United States Attorney's Office, Eastern District of Arkansas. VALOR: Enhancing Officer Resilience - Little Rock, Arkansas, February 4-5, 2019.

Enhancing Officer Resilience - Memphis, Tennessee - Postal Police, January 17, 2019.

Enhancing Officer Resilience - Kansas City, Missouri, December 5, 2018 National Public Safety Partnerships Conference.

Enhancing Officer Resilience - Annual LECC/SCLEOA Executive Level Training and SC Police Chiefs Association Columbia, SC, November 28, 2018.

The Balanced Warrior: Proactive Officer Wellness - November 9, 2018, Central Virginia Criminal Justice Center, Lynchburg, VA.

Surviving & Thriving: Behind the Badge - November 8, 2018, Central Virginia Criminal Justice Center, Lynchburg, VA.

Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) Health, Wellness, & Resiliency - October 15-17, 2018, VALOR Supplemental - Bensalem, PA. Grant Number: BJA-2019-15113

International Association of Chiefs of Police - Creating a Culture to Address Police Suicide, IIR, Orlando, FL. October 6-9, 2018.

Forty-fourth Annual Conference of the Society for Police and Criminal Psychology. Suicide in St. Clair County, Illinois: Recommendations and Strategies towards Improved Awareness, Prevention, and Intervention Measures. Sarasota, FL: September 30 - Oct 2, 2018.

National Public Safety Partnership. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) Health, Wellness, & Resiliency - Birmingham, AL: September 23-24, 2018. Grant Number: BJA-2019-15113

Stalking: When Obsession goes too far. Quincy, IL: Family Violence Coordinating Council - September 21, 2018.

Twenty-sixth Annual Four Corners Indian Country Conference. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research Health, Wellness, & Resiliency - September 18-20, 2018.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - Waterford, CT: September 12-13, 2018. National Black State Troopers Coalition, Charleston, SC. Grant Number: BJA-2019-15113

Office of the Inspector General - Social Security Administration. The Balanced Warrior: Proactive Officer wellness. Drury Inn, St. Louis, MO: September 11, 2018.

National Native American Law Enforcement Association 26th Annual Conference. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research - Health, Wellness, & Resiliency - Las Vegas, NV: August 28-30, 2018. National Black State Troopers Coalition, Charleston, SC.

FBI Law Enforcement Executive Development Seminar. Bureau of Justice Assistance - Institute for Intergovernmental Research Health, Wellness, & Resiliency - Atlanta, GA: August 15-16, 2018. National Black State Troopers Coalition, Charleston, SC.

Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research - Health, Wellness, & Resiliency - August 8, 2018, National Black State Troopers Coalition, Charleston, SC. Grant Number: BJA-2019-15113

Destination Zero Conference, Wellness Panel Member, August 1-2, 2018, Phoenix, AR. Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - July 25-26, 2018, VALOR Supplemental, Jacksonville, AR.

Peer Support Training, July 17-18, 2018, Omaha, NE: Police & Fire Departments.

Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) Health, Wellness, & Resiliency - July 12-13, 2018, VALOR Vernal, UT. Grant Number: BJA-2019-15113

Police Officer Panel on Stress in Law Enforcement - Charlotte, NC, July 9-12, 2018.

Town Hall "Suicide in St. Clair County Illinois 2006-16. St. Clair County Sheriff's Department, Belleville, IL. June 28, 2018.

Law Enforcement Training and Certification Seminar. Mental Health and Awareness for Law Enforcement, June 25-26, 2018, Tulsa, OK. Hard Rock Hotel and Casino.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 21-22, 2018, VALOR Kalamazoo, MI. Grant Number: BJA-2019-15113

National Sheriff's Association Conference, New Orleans LA. Panel - Creating a Culture to Combat Officer Suicide. June 15-20, 2018.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 12-14, 2018, VALOR Honolulu, HI. Grant Number: BJA-2019-15113

2018 Prairie States Animal Welfare Conference, Bloomington, IL June 4, 2018 - Coping with Stress: Responders to Victims of Violence & Trauma Related Experiences.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - May 16-17, 2018, VALOR Las Vegas, NV. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - May 8-9, 2018, VALOR Glendora, CA. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 25-26, 2018, VALOR Washington, D.C. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 17-18, 2018, VALOR Birmingham, AL. Grant Number: BJA-2019-15113

International Law Enforcement Educators and Trainers Association (ILEETA) - Enhancing Officer Resilience [VALOR] March 21, 2018, St. Louis, Missouri, Union Station.

Coping with Stress as a Responder to Victims of Violence and Trauma Related Experiences. March 7, 2018, the 4th Judicial Circuit Family Violence Coordinating Council -Knights of Columbus Effingham, IL.

Survive & Thrive: Protecting You and Your Fellow Officer - Blackwood, NJ; Camden County College Emergency Training Center, March 8, 2018: Safety through Mental Health & Resilience.

In-service training Alton District #11 Vicarious Trauma, Burnout, Stress, and Suicide Risks. February, 16, 2018, Alton, IL.

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Madison County ETSB Office, Wood River, IL - February 8, 2018.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - November 2-3, 2017- VALOR Arlington, TX. Grant Number: BJA-2019-15113

IRMA Police Forum. The Good, the Bad, and the Ugly: Managing Police Stress. Westchester, IL. October 26, 2017.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 6-8, 2017- VALOR Alexandria, VA. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 6-8, 2017- VALOR Arlington, TX. Grant Number: BJA-2019-15113

2017 FVCC Summit, Quincy IL Senior Center, The Good, the Bad, and the Ugly: Coping with Stress as a Responder to Victims of Violence and Trauma-Related Experiences - September 22, 2017.

Southwestern Border Sheriff's Coalition Enhancing your Resilience. Hilton San Diego Resort & Spa, San Diego, CA. September 10-12, 2017.

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL, February 8, 2017.

National Association of Women in Law Enforcement Executives [NAWLEE] - Enhancing Officer Resilience, August 4-5, 2017, Kansas City, MO.

Destination Zero Conference, Wellness Panel Member, August 3-4, 2017, Orlando, FL.

The National Organization of Black Law Enforcement Executives [NOBLE] Enhancing Officer Resilience Conference, August 1-2, 2017, Atlanta, GA.

Destination Zero Conference, Officer Safety and Wellness Panel, August 3-4, 2017, Orlando, FL.

National Association of Women in Law Enforcement, Enhancing Officer Resilience, August 4, 2017, Kansas City, MO.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 27-29, 2017– VALOR Harrisburg, PA. Grant Number: BJA-2019-15113

Southern Illinois Law Enforcement Commission (SILEC) Police Stress: The Good, the Bad, and the Ugly - June 16, 2017 Lindenwood University Collinsville, Illinois.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 6-8, 2017– VALOR Newberry, SC. Grant Number: BJA-2019-15113

Police Officer Wellness & Resilience, Mobile Training Unit [MTU] #9 Quincy, IL. May 11, 2017.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 20, 2017– VALOR Supplemental Greencastle, IN. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 20, 2017– VALOR Supplemental Noblesville, IN. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 12-13, 2017– VALOR Essentials - Havana, FL. Grant Number: BJA-2019-15113

Women in Criminal Justice Conference - Bloomington-Normal, Illinois - Final Keynote Speaker April 5-6, 2017.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - March 28-30, 2017– VALOR Essentials, Little Rock, Arkansas. Grant Number: BJA-2019-15113

Missouri State Park Rangers Conference, Eminence, Missouri (VALOR Supplemental). Officer Wellness: Enhancing your Health, Wellness, and Resiliency. March 21, 2017.

International Law Enforcement Educators and Trainers Association (ILEETA) - Dealing with an Officer in Crisis March 23, 2017, St. Louis, Missouri, Union Station.

International Law Enforcement Educators and Trainers Association (ILEETA) - Dealing with an Officer in Crisis March 24, 2017, St. Louis, Missouri, Union Station.

Health Summit (St. Clair County (IL) - Suicide Statistics 2006-16 - Four Points Sheraton, Fairview Heights, IL March 3, 2017.

Southern Illinois Law Enforcement Commission (SILEC): The Balanced Warrior: Proactive Officer Wellness - February 24, 2017 - Lindenwood University, Collinsville, IL.

Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - February 21, 2017– VALOR Supplemental Jonesboro, GA. Grant Number: BJA-2019-15113

The Other Side of the Badge (Spouses Class), Bend, OR February 18, 2017.

The Balanced Warrior: Proactive Officer Wellness, Bend, OR [Bend Police Department] February 17, 2017.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – February 14-16, 2017 – Georgetown, TX Resilience through Preparation - VALOR Officer. Grant Number: BJA-2019-15113

Safety Conference First Responder Conferences - Cocoa Beach, FL - February 5, 2017 - First Responder Resilience.

First Responder Conferences - Charlotte, NC - January 20, 2017, First Responder Resilience.

Mid-Atlantic Association of Women in Law Enforcement (VALOR - Supplemental) – Conshohocken, PA. Enhancing your Resiliency. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – Nov. 15-17, 2016 – Kansas City, KS Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – Oct. 4-6, 2016 – Wichita, KS Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Oregon Association of Chiefs of Police/Oregon State Sheriff's Association/Enhancing Resilience through Leadership - September 28-29, 2016, Salem, OR.

Safe Call Now - Career Protection Resilience Conference "First Responder Resilience" September 28-30, 2016, Seattle, WA.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – Sept. 20-22, 2016 – Dearborn, MI. Grant Number: BJA-2019-15113

Resilience through Preparation - VALOR Officer Safety Conference Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) (VALOR Program) Enhancing your Resiliency – Sept. 14-16, 2016 – Wilmington, DE. Grant Number: BJA-2019-15113

Resilience through Preparation - VALOR Officer Safety Conference Mid-States Organized Crime Information Center Conference & Training Session, Surviving & Thriving Behind the Badge -August 23-24, 2016 – Wichita, KS. Grant Number: BJA-2019-15113

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ -Lindenwood University, Collinsville, IL Aug. 18, 2016.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – August 10-12, 2016 – Camden, NJ Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – July 20-22, 2016 – Harlingen, TX Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – July 16-18, 2016 – Nashville, TN Resilience through Preparation - VALOR Officer Safety Conference, Grant Number: BJA-2019-15113

Surviving & Thriving Behind the Badge – Maineville, OH – July 15, 2016.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – July 12-14, 2016 – Belle Chase, LA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – June 28-30, 2016 – Indianapolis, IN Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – June 21-23, 2016 – St. Louis, MO Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

U.S. Attorney's Office – Kearney, NE, May 20, 2016 Resilience through Preparation Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – May 17-19, 2016 – Pearl, MS Resilience through Preparation – VALOR Officer Safety Conference.

Parsons, KS Police Department – May 12, 2016, BOLO 4: Stress, Anxiety Disorders & PTSD and BOLO 6: Communication Issues and Domestic Violence.

Parsons, KS Police Department – May 13, 2016, Surviving & Thriving Behind the Badge.

Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) (VALOR Program) Enhancing your Resiliency – May 19-21, 2016 – Tulsa, OK Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – March 29-31, 2016 – Atlanta, GA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 13, 2016, Dealing with the At-Risk Employee.

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 14, 2016, Spouses Program: Relationships and Substance Abuse.

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 15, 2016, Surviving & Thriving Behind the Badge.

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 16, 2016, Dealing with the At-Risk Employee.

International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 17, 2016, Surviving & Thriving Behind the Badge.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – January 20-22, 2016 – Layton, UT Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – January 13-15, 2016 – Las Vegas, NV Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – December 15-17, 2015 – San Bruno, CA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – December 9-11, 2015 – Oregon Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – November 17-19, 2015 – Richmond, VA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

National Institute of Public Safety Health (NIPSH) Indianapolis, Indiana - Indiana State Museum - November 6, 2015 - Police Stress: The Good, the Bad, & the Ugly.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – October 13-15, 2015 – Bryant, AR Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – October 5-7, 2015 – Salem, OR Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

St. Louis County & Municipal Police Academy Surviving & Thriving Behind the Badge October 1, 2015 (8am-5pm) - St. Peters (MO) Police Department.

Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency - September 16-19, 2015 – Hurst, TX Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113

Bureau of Justice Assistance - Institute for Intergovernmental Research (VALOR Program) Enhancing your Resiliency - September 9-11, 2015 - Freehold, NJ. Grant Number: BJA-2019-15113

Midwest Security & Police Conference and Expo Police Stress: The Good, the Bad, & the Ugly August 19, 2015.

Police Suicide: You don't have the Right to Remain Silent – August 20, 2015, Tinley Park, Illinois.

Surviving & Thriving Behind the Badge - Southern Illinois Law Enforcement Commission June 30, 2015 – Lindenwood University, Collinsville, Illinois.

National Alliance on Mental Illness (NAMI) Keynote Speaker: Police Stress June 9, 2015 – Gateway Regional Hospital Granite City, Illinois.

St. Louis County and Municipal Police Academy May 07, 2015 St. Peters Missouri Police Department. The Balanced Warrior: Proactive Officer Wellness.

Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ -, Wood River, IL February 8, 2015.

Illinois Law Enforcement Alarm System (ILEAS) Conference April 27, 2015 Crowne Plaza Springfield, IL Surviving & Thriving Behind the Badge.

No Family Left Behind April 24-25, 2015 Faith Family Church, Shiloh, IL Military Suicide Prevention.

Montana Department of Corrections: Missoula, Montana - Surviving & Thriving Behind the Badge April 10, 2015.

Montana Department of Corrections: Missoula, Montana - The Balanced Warrior: Proactive Officer Wellness April 13, 2015.

Southwestern Illinois College - December 2, 2014 (SILEC) Surviving & Thriving Behind the Badge Belleville, IL.

Southwestern Illinois College - December 9, 2014 (SILEC) Surviving & Thriving Behind the Badge - Belleville, IL

Illinois Baptist State Association - AWSOM Event November 8, 2014, Self-Defense Awareness – Springfield, IL.

2014 Oregon Fire Service Conference Keynote: To Strengthen & Serve - November 6, 2014, Sunriver Resort, Bend OR.

Church of Strength Conference Rosemont, IL October 11, 2014, Church Safety & Security.

Church of Strength Conference Marion, IL September 27, 2014, Church Safety & Security.

Johnson County Community College Overland Park, Kansas September 10, 2014, The Balanced Warrior: Proactive Officer Wellness.

United States Attorney's Office Kankakee, Illinois September 9, 2014, Advanced Elderly Service Officer (ESO) Training.

Heartland Community College Normal, Illinois September 3, 2014, The Balanced Warrior: Proactive Officer Wellness.

Mid-States Organized Crime Information Center (MOCIC) Deadwood, South Dakota August 19-21, 2014, Police Stress: The Good, the Bad, & the Ugly.

United States Probations & Parole Osage Beach, Missouri, Tan- Tar-A Resort - July 24, 2014 The Balanced Warrior: Proactive Officer Wellness.

Greene County Public Safety Center Springfield, Missouri - July 14, 2014, The Balanced Warrior: Proactive Officer Wellness.

Greene County Public Safety Center Springfield, Missouri - July 15, 2014, Police Stress: The Good, the Bad, & the Ugly.

O'Fallon Department of Public Safety/Southern Illinois Law Enforcement Commission (SILEC) – O'Fallon, Illinois - June 19, 2014, Surviving & Thriving Behind the Badge.

Law Enforcement Training Institute Columbia, Missouri - April 24, 2014, The Balanced Warrior: Proactive Officer Wellness.

Law Enforcement Training Institute Columbia, Missouri - April 25, 2014, Police Stress: The Good, the Bad, and the Ugly.

ICI Detective Training Symposium Los Angeles Police Department (LAPD) April 7-10, 2014, Police Stress: The Good, the Bad, and the Ugly.

St. Louis County & Municipal Police Academy St. Peters, MO PD April 4, 2014, Surviving & Thriving Behind the Badge.

National Interdiction Conference Nashville, Tennessee - March 30 – April 3, 2014 Police Suicide: You don't have the Right to Remain Silent.

International Law Enforcement Educators & Trainers Association (ILEETA) Lombard, Illinois – March 26, 2014, The Balanced Warrior: Proactive Officer Wellness.

International Law Enforcement Educators & Trainers Association (ILEETA) Lombard, Illinois – March 28, 2014, The Balanced Warrior: Proactive Officer Wellness.

Project IL Blue Light - East Peoria, Illinois - February 25, 2014, Police Stress: The Good, the Bad, and the Ugly.

Crisis Systems Management (CSM) - St. Croix, US VI Police Department - January 19- 24, 2014, Law Enforcement Resiliency – Peer Support (LERPS).

International Association of Chiefs of Police (IACP) Law Enforcement Education & Technology Exposition Philadelphia, Pennsylvania - October 19- 23, 2013, The Balanced Warrior: Proactive Officer Wellness.

International Association of Chiefs of Police (IACP) Law Enforcement Education & Technology Exposition Philadelphia, Pennsylvania - October 19- 23, 2013, Poster Session: Police Stress: The Good, the Bad, & the Ugly.

FBINAA 2013 Annual Training Conference Rosen Shingle Creek Resort - Orlando, Florida July 27-30, 2013, The Balanced Warrior: Proactive Officer Wellness.

La Salle County Sheriff's Department Ottawa, Illinois - May 6, 2013, The Balanced Warrior: Proactive Officer Wellness.

Lake Zurich Police Department Lake Zurich, Illinois - April 8, 2013, The Balanced Warrior: Proactive Officer Wellness.

National Interdiction Conference Tulsa, Oklahoma - March 11, 2013, Police Suicide: You don't have the Right to Remain Silent.

St. Louis County & Municipal Police Academy St. Louis, Missouri - January 25, 2013, The Balanced Warrior: Proactive Officer Wellness.

Thomas A. Hontz Training Facility Tempe, Arizona - January 28, 2013, The Balanced Warrior: Proactive Officer Wellness.

Southern Illinois Law Enforcement Commission (SILEC) - Belleville, Illinois - September 25, 2012, The Balanced Warrior: Proactive Officer Wellness.

Midwest Security & Police Conference Tinley Park Convention Center Tinley Park, Illinois, August 21-22, 2012, Police Suicide: You don't have the Right to Remain Silent.

International Law Enforcement Educators & Trainers Association (ILEETA) Wheeling, Illinois, 16-22 April 2012, Police Suicide: You don't have the right to Remain Silent.

Crisis Systems Management (CSM), LLC Schofield Barracks, Hawaii- 27 February - March 2, 2012, U.S. Army Military Police School (USAMPS) Critical Incident Peer Support.

Crisis Systems Management (CSM), LLC Fort Sill, Oklahoma - December 3 – 7, 2012, U.S. Army Military Police School (USAMPS) Critical Incident Peer Support.

Crisis Systems Management, LLC Fort Leavenworth, Kansas - February 10-16, 2013, U.S. Army Military Police School (USAMPS) Critical Incident Peer Support.

International Association of Chiefs of Police (IACP) Chicago, Illinois - October 23, 2011, Epidemic in Blue: Police Suicide Awareness & Prevention.

Mental Health in Law Enforcement: A Proactive Approach National Committee with Attorney General International Association of Chiefs of Police Symposium on Police Officer Suicide - Alexandria Virginia Police Department March – July 2013.

Beyond Survival Towards Officer Wellness (BeSTOW) (2010) Speaker/Presenter on Police Suicide - Federal Bureau of Investigations (FBI) Behavioral Science Unit.