

DR. OLIVIA JOHNSON

CONTACT

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 37 Charvel Drive Belleville, IL 62226

PROFESSIONAL EXPERIENCE

Blue Wall Institute INSTRUCTOR/CONSULTANT	2010 - Present
Institute for Intergovernmental Research SENIOR RESEARCH ASSOCIATE	2014 - 2020
Lindenwood University ADJUNCT PROFESSOR	2015 - 2017
Sandoval IL Police Department POLICE OFFICER	2004 - 2008
United States Air Force AIRFIELDMANAGEMENT SPECIALIST	1994 - 2001

EDUCATION AND TRAINING

UNIVERSITYOF PHOENIX
DM Doctorateof Management & Organizational Leadership.
2010

UNIVERSITYOF MISSOURI, ST. LOUIS
M.A. Criminology & Criminal Justice.
2005

SOUTHERNILLINOIS UNIVERSITY
B.A. WorkforceEducation and Development.
2001

AUTOPSY CERTIFICATION
Am. Assoc. of Suicidology Law Enforcement
Psychological Autopsy
2020

AWARD

2024-2025 – Optimist Rookie of the Year Award

MEMBERSHIP

Illinois Sheriffs’ Association
January 2026–Present

IllinoisFarm Bureau-

International Association of Coroners and Medical Examiners 081-2019776
February 2025– Present.

Belleville Optimists
“Rookie of theYear Award2025”
February 2025– Present.

Board Member – Belleville Optimist Club
Upcoming October 2026 – Vice President,
Belleville Optimists Club

CERTIFICATION

Certified Medicolegal Death Investigator,
Certification Number: C-MDI 1260, The Death Investigation Academy | Expires October 20, 2027.

PUBLICATIONS

Johnson. O. (2026). The Tactical Pause for Teens: From Impulse to Empowerment.

Johnson, O. (2025). The Tactical Pause: From Instinct to Impact.

Johnson, O., Russo, C., & Papazoglou, K. (Dec. 2019). Job exposure and occupational challenges: The importance of mindfulness for today’s law enforcement professional. Crisis, Stress, and Human Resilience: An International Journal, 1(3), pp. 187-191.

Johnson, O., Papazoglou, K., Violanti, J., & Pascarella, J. (8 Aug 2022). Depression in the ranks. Retrieved from: <https://leb.fbi.gov/articles/featured-articles/depression-in-the-ranks>

Carlson-Johnson, Olivia & Grant, Heath & Lavery, Cathryn. (2020). Caring for the Guardians- Exploring Needed Directions and Best Practices for Police Resilience Practice and Research. Frontiers in Psychology. 11. 1874. 10.3389/fpsyg.2020.01874.

Huntley, D., Charette, C., Dodson, K., Grammatico, H., Cooney-Koss, L., Johnson, O.N., & Brown, J. (2017). Introduction to parricide: When children kill their parents. The Journal of Forensic Behavioral Health, 1(1).

Huntley, D., Cich, J., Pickett, H., Eckberg, D., Johnson, O., & Dodson, K.D. (2018). Obsessive-compulsive disorder (OCD) and compulsive hoarding in the criminal justice system. In J. Brown & E. Weinkauff (Eds.), Forensic mental health: A source guide for professionals (pp. 268-83). St. Paul, MN: Forensic Press International.

Johnson, O., & Barthelmass, S. (2011). Mental illness and risks for law enforcement. The Bridge,14(3): 6-7.

Johnson, O., & Brown, J. (Spring, 2018). Repercussions of bullying on adolescent mental health. Forensic Mental Health Insider, 1(2).

Johnson, O., & Brown, J. (2017). Suicide awareness and prevention for law enforcement professionals. The Police Chief, 84(11).

Johnson, O., Brown, J., & Hull, A. (2018, Spring). Repercussions of behavior adolescent mental health. Forensic Mental Health Insider, 1(2), pp. 103.

Johnson, O., Carlson, P., Murphy, B., Flory, D., Lankford, B., & Wyllie, D. (2016). Preparing civilians to survive an active shooter event. The Journal of Law Enforcement, 5(2).

Johnson, O., & Krawczyn, J. (2022). Think Like a Detective: Is There a Change in Behavior? In: Johnson O., Papazoglou K., Violanti J., Pascarella J. (eds) Practical Considerations for Preventing Police Suicide. Springer, Cham. <https://doi.org/10.1007/978-3-030-83974-1>

Johnson O., Milliard B., Krawczyn J. (2022) Pre-employment Eligibility and Predicating Self-Harm in Law Enforcement Personnel. In: Johnson O., Papazoglou K., Violanti J., Pascarella J. (eds) Practical Considerations for Preventing Police Suicide. Springer, Cham. <https://doi.org/10.1007/978-3-030-83974/1>

Johnson O., Papazoglou K., Violanti J., Pascarella J. (Eds). (2022). Practical Considerations for Preventing Police Suicide. Springer, Cham. <https://doi.org/10.1007/978-3-030-83974-1>

Johnson, O. (2012). Behind the badge: Broken in blue. Belleville, IL: Blue Wall of Silence. Johnson, O. (2011). Blue Wall of Silence: Perceptions of the Influence of Training on Law Enforcement Suicide. Belleville, IL: Global Health Care Systems.

Johnson, O. (2018). Enhancing officer resilience. ILEETA Journal 8(1), 67.

PUBLICATIONS (CONTINUED)

Papazoglou, K., Kankarm, K., Johnson, O., & Russo, C. (in prep). Stress, Prevention, and Resilience among First Responders. International Journal of Environmental Research and Public Health: Special Issue.

Papazoglou, K., Russo, C., & Johnson, O. (2019). Police Self-Compassion. In L. Galiana (Ed.), The Power of Compassion (pp.1-12). Nova Publishers: Hauppauge, NY.

Russo, C., Aukhojee, P., Tuttle, B.M., Johnson, O., Davies, M., Chopko, B., & Papazoglou, K. (2019). Compassion Fatigue & Burnout. In K. Papazoglou & D.M. Blumberg (Eds.), POWER: Police Officer Wellness, Ethics, and Resilience.

Wellness, Ethics, & Resilience (pp.97-115). Elsevier-Academic Press: San Diego, CA.

Salvatore, T., Dodson, K.D., Johnson, O., Cich, J., Harrowers, D., & Brown, J. (2018). Domestic violence: Driver of adult and elder murder-suicide. The Forensic Mental Health Practitioner, 1(1), pp. 1-14.

Johnson, O., Russo, C., & Papazoglou, K. (Dec. 2019). Job exposure and occupational challenges: The importance of mindfulness for today's law enforcement professional, Crisis, Stress, and Human Resilience: An International Journal, 1(3), pp. 187-91.

Johnson, O., Papazoglou, K., Violanti, J., & Pascarella, J. (8 Aug 2022)/ Depression in the ranks. Retrieved from: <https://leb.fbi.gov/articles/featured-artivcles/depression-in-the-ranks>

DEATH INVESTIGATION ACADEMY

- April 20, 2025 – Understanding the Sciences in Death Investigation (1.5 hours) ABMDI Approval 24-102.
- April 20, 2025 – Introduction to Bloodstain Pattern Analysis (2.5 hours) ABMDI Approval 24-128.
- April 18, 2025 – Autoerotic Fatalities – Investigating and Interpreting the Scene (3.5 hours) ABMDI Approval #24-098.
- April 18, 2025 – Motor Vehicle Crash Injury Analysis (4 hours) ABMDI Approval #24-111.
- April 17, 2025 - Narcan® - Training, St. Clair County Drug Prevention and Chestnut Health Systems (1-hour).
- April 16, 2025 – Pedestrian V. Vehicle Injury Analysis (2.5 hours) ABMDI Approval #24-037.
- April 09, 2025 – Managing Workplace Conflict (2 hours) ABMDI Approval #24-109.
- April 04, 2025 – Understanding Cutting & Stabbing Injury (2.5 hours) ABMDI Approval #24-094
- April 03, 2025 – Cultural Diversity and Anger De-Escalation for Death Investigators and Police (2 hours) ABMDI Approval #24-099
- April 01, 2025 – Chemical Suicide – Responder Safety (1 hour) ABMDI Approval #24-122
- March 31, 2025 – Courtroom Testimony, Preparation, and Testimony (1 hour) ABMDI Approval #24-112
- March 21, 2025 – Asphyxia Death – Classification and Causes (1.5 hours) ABMDI Approval #24-097
- March 20, 2025 – Preparedness Mindset for Investigators (1.5 hours) ABMDI Approval #24-101
- March 20, 2025 – Proper Death Notification Procedures (1 hour) ABMDI Approval #24-123
- March 10–14, 2025 – Medicolegal Death Investigator Course (40 hours classroom), Springfield, MO. Missouri Post #20999, ABMDI Approval #24-030
- February 25, 2025 – The Process of Investigations – From Call to Court (3 hours) ABMDI Approval #24-075
- February 20, 2025 – Scene Arrival, Assessment, and Documentation (2.5 hours) ABMDI Approval #24-103
- February 02, 2025 – Practical Report Writing (1.5 hours) MDI Approval #24-115
- January 29, 2025 – Establishing Identification of the Deceased (1.5 hours) ABMDI Approval #24-096
- Death Certificates, ABMDI Accreditation #25-063; 1.5 hours, Completed 4-16-2026. Online, RTI International.

WEBINARS ATTENDED

- Homicides & Release: Organ versus Tissues, and Transplant versus Research. AATB Webinar Series. Presenters: Timothy Carson & Jennifer Hammers, D.O., Online Centers for Disease Control and Prevention on March 2, 2026.
- Naloxone Training. February 19, 2026, Speaker: Marianne Drainer, Chestnut Health Systems.
- Effectively Partnering with Rural Communities for Public Health Communications: Lesson 4: Disseminating Messaging. Speaker Esmeralda Salas, BS, Research Associate, Population Health Innovation Lab. February 18, 2026, online webinar from the Centers for Disease Control and Prevention, Office of Rural Health, CDC- RFA-PW-24-0080.
- Effectively Partnering with Rural Communities for Public Health Communications: Lesson 3: Developing Messaging. Speaker Cassandra Mohan, MSPH, Education and Training Specialist, Population Health Innovation Lab. February 18, 2026, online webinar from the Centers for Disease Control and Prevention, Office of Rural Health, CDC-RFA-PW-24-0080.
- Effectively Partnering with Rural Communities for Public Health Communications: Lesson 2: Building on Initial Communications Strategies. Speaker Cassandra Mohan, MSPH, Education and Training Specialist, Population Health Innovation Lab. February 18, 2026, online webinar from the Centers for Disease Control and Prevention, Office of Rural Health, CDC-RFA-PW-24-0080.
- Effectively Partnering with Rural Communities for Public Health Communications: Lesson 1: Building Relationships. Speaker Esmeralda Salas, BS, Research Associate, Population Health Innovation Lab. February 18, 2026, online webinar from the Centers for Disease Control and Prevention, Office of Rural Health, CDC- RFA-PW-24-0080.
- Homicide and Release: Organ versus Tissue: Transplant versus Research. February 13, 2026, National Association of Medical Examiners [NAME]. Presenters: Jennifer Hammers, MD, Forensic Pathologist; Tim Carson, West Moreland County Coroner; Brian Bricker, Director of Clinical Operations at CORE.
- Common Challenges Working with Donation Organizations. February 12, 2026, National Association of Medical Examiners, Presenters: Mark Giffen, DO, and Dotti Owens, MA, D-ABMDI. 1-hour.
- Partnerships with Law Enforcement in a Family Justice Center: Increasing Offender Accountability in Domestic Violence Cases. Presenters: Sonya Desai, Detective Greg Leeman, and Detective Paul Mustian. February 12, 2026, 1-hour.
- Our Shared Mission: Guide to Medical Examiners and Coroner Cases, February 12, 2026, National Association of Medical Examiners.
- Colorado Sudden Unexpected Infant Death Investigation Training. American Board of Medicolegal Death Investigators (ABMDI). February 7, 2026, Accreditation # 21-075. CONTRAIN ID # 1100515 – 2.5 hours of training.
- IDPH IVRS – Using the Illinois Vital Records System for Physicians and Medical Examiners (Mes) or Coroners. Web-Based, Completed February 4, 2026. Course number: ID 1125917

WEBINARS ATTENDED (CONTINUED)

- Improving Cause-of-Death Reporting. National Center for Health Statistics, Web-Based: WB4581R, passed with certificate, February 4, 2026.
- Improving Cause of Death Reporting: CDC. Online Webinar completed February 4, 2026.
- SouthDakota: Violent Death Reporting System; State Unintentional Drug Overdose Reporting System: SD-VDRS/SUDORS Coroner Training 2020. Completed with certificate on February 4, 2026.
- Investigation & Certification of Drug Toxicity Deaths-Web Based- BW4884. January 28, 2026. Public Health Foundation, CDC Train. Passed and received certificate. Investigating Intent: Auto-Erotic Death versus Suicide. Death Investigation Academy, Instructor: Darren Dake, January 27, 2026, Certificate ID: 9o62dz1vzp
- Strengthening Suicide Prevention among Asian American, Native Hawaiian, and Pacific Islander Veterans (BIS 23305.60744). Certificate. December 10, 2025.
- Department of Veterans Affairs.
- Rural Realities, Responsive Solutions: Addressing Opioid-Related Harm in Rural Illinois ECHO Program, 1-hour, online, June 24, 2026.
- Understanding Rural Opioid Impacts & Structural Barriers: The Landscape. 1-hour, online Subject Matter Expert Brent VanHam, MS, RN, CRC, CADC. Service Development, SIU School of Medicine. Echo. May 26, 2026.

PROFESSIONAL TRAINING CONDUCTED

- Understanding the Opioid Crisis, Part 1. JFK Community Center – Florissant, MO. June 25, 2026.
- Police Week Speech, St. Clair County Sheriff's Department. May 5, 2026, Christ Church, Fairview Heights, IL.
- The Fatal 10 of Law Enforcement Suicide. ISA Chief Deputy and Jail Administrators. Illinois Sheriff's Association. April 24, 2026, Embassy Suites Riverfront Hotel & Conference Center, East Peoria, IL.
- Surviving & Thriving Behind the Badge. Southern Illinois Law Enforcement Commission (SILEC). Southwestern Illinois Justice & Workforce Campus. 2300 West Main Street, Belleville, IL. March 27, 2026.
- Louisiana State Police. Disrupting the Fatal 10 of Workplace Toxicity. Baton Rouge, LA: March 23, 2026.
- TheInternational Conference of Police Chaplains ICPC - (Region 4 Training Seminar). Getting Off the Emotional X. Springfield, IL: March 11, 2026.
- TheInternational Conference of Police Chaplains ICPC - (Region 4 Training Seminar). Case Studies in Clergy Suicide. Springfield, IL: March 10, 2026.
- TheInternational Conference of Police Chaplains ICPC - (Region 4 Training Seminar). The Fatal 10 of Clergy Suicide. Springfield, IL: March 10, 2026.
- TheInternational Conference of Police Chaplains ICPC - (Region 4 Training Seminar). Case Studies in Law Enforcement Suicide. Springfield, IL: March 9, 2026.
- TheInternational Conference of Police Chaplains (Region 4 Training Seminar). The Fatal 10 of Law Enforcement Suicide. March 9, 2026.
- CaseStudies in Law Enforcement Suicide. Web-Based Live, February 2-3, 2026.
- CaseStudies in Law Enforcement Suicide. Web-Based Live, February 5-6, 2026.
- International Association of Coroners and Medical Examiners Training: Medical Terminology. Online – 1.5 hours.
- Improving Cause-of-Death Reporting. [CDC, 2021], Online October 31, 2025.<https://www.cdc.gov/nchs/training/improving-cause-of-death-reporting/course.htm>
Current Concepts: Body Farm and Benefits to Law Enforcement. Watched November 1, 2025.
- St.Clair County Sheriff's Department Training Day (Fatal 10, Ethics, Getting Off the Emotional X). Belleville Learning Center – Lindenwood, December 9, 2025.
Project 16: The Fatal 10 of Law Enforcement Suicide. MTU # 14: SILEC: Fairview Heights PD, December 8, 2025.
- Walking with the Hurting: Following a Death by Suicide (Webinar with Jim Bontragger). The Marsh Institute, November 6, 2025.
- St.Clair County Sheriff's Department Training Day (Fatal 10, Ethics, Getting Off the Emotional X). Belleville Learning Center – Lindenwood, December 2, 2025.
Mental Health Awareness & Suicide in the Construction Trades, Online Training, Tri-City Electric, October 8, 2025.
- Case Studies in Police Suicide [Psychological Autopsy Course]. Online Training, September 26-27, 2025.
- Out of Sight, Out of Mind: Vicarious Trauma and Telecommunicators. Wood River Police Department, Wood River, IL, September 16, 2025.
- Cook County Sheriff's Office, September 3, 2025, The Responder Reset Conference: Keynote: The Fatal 10 of Law Enforcement Suicide. Hilton Chicago/Oakbrook Hills Resort and Conference Center: Oak Brook, IL.
- Southern Illinois Law Enforcement Commission (SILEC) - Project 16: The Fatal 10 of Law Enforcement Suicide, Fairview Heights Police Department, Fairview Heights, IL, August 20, 2025.
- International Conference of Police Chaplains (ICPC), Suicide Prevention is Dead Wrong, July 23, 2025, Marriott Hotel, Little Rock, Arkansas.
- International Conference of Police Chaplains (ICPC), The Fatal 10 of Law Enforcement Suicide, July 22, 2025, Marriott Hotel, Little Rock, Arkansas.
- Professional Law Enforcement – Community Engagement Training (PLECET), Chicago, IL: June 6, 2025, The Fatal 10 of Law Enforcement Suicide.
- Professional Law Enforcement Community Engagement Training (PLECET), Officer Wellness and Suicide, June 3-4, 2025, McCormick Center, Chicago, IL.
- Southern Illinois Law Enforcement Commission (SILEC) - Project 16: The Fatal 10 of Law Enforcement Suicide, Fairview Heights Police Department, Fairview Heights, IL, April 28, 2025.
- Southern Illinois Law Enforcement Commission (SILEC), Fairview Heights PD, Project 16: The Fatal 10™ of Law Enforcement Suicide, April 28, 2025.
- Michigan Rural EMS (MiREM) SHIFT Conference – The FATAL 10 for EMS: Inoculate Before It's Too Late. April 23, 2025, Traverse City, MI.
- Stalking: When Obsession Goes Too Far. Plymouth County Sheriff's Office 24 Long Pond Road, Plymouth, MA, March 27, 2025.
- UnderConstruction Series – Part 3: Construction Culture and Reducing Negative Outcomes and Reducing Risk. February 13, 2025. Center for Industrial Research and Services (CIRAS), Iowa State University. Online.
- Southern Illinois Law Enforcement Commission. Project 16. January 27, 2025, Edwardsville Police Department, 333 South Main St., Edwardsville, IL 62025.
UnderConstruction Series – Part 2: Substance Use Issues, Sleep Disturbances, and Overall Health. January 16, 2025, Center for Industrial Research and Services (CIRAS), Iowa State University. Online.
- Stalking: When Obsession Goes Too Far. Municipal Police Training Committee (MPTC) 425 Walnut Street, Lynnfield, MA, January 13, 2025.
- Under Construction Series - Part 1: Sleep, Health Risks, Occupational Risk, and Suicide. December 12, 2024, Center for Industrial Research and Services (CIRAS), Iowa State University. Online.

PROFESSIONAL TRAINING CONDUCTED (CONTINUED)

- Southern Illinois Law Enforcement Commission. Project 16. November 13, 2024. O’Fallon, IL Department of Public Safety 285 North 7 Hills Road, O’Fallon, IL 62269.
- Case Studies in Law Enforcement Suicide: Psychological Autopsy Course. October 24-25, 2024. Online.
- Dispatchers and Vicarious Trauma: Out of Sight, Out of Mind. Wood River Police Department 550 East Madison Avenue, Wood River, IL 62095, October 9, 2024. Palm Beach County Sheriff’s Office, The FATAL 10 for Law Enforcement, September 30, 2024, online.
- Calumet Park, Illinois Police Department, The Fatal 10 of Law Enforcement Suicide, September 17-18, 2024.
- Bridging the Barricade, Elkhart, Indiana, October 3, 2024, Sheepdog by Design™ and Suicide Prevention is Dead Wrong.
- Madison County 911 ETS, 80-Hour Academy, October 9, 2024, Tele-Communicators and Vicarious Trauma: Out of Sight and Out of Mind.
- Municipal Police Training Committee, Stalking: When Obsession Goes Too Far, Randolph, MA, May 6, 2024.
- SouthSuburban Association of Chiefs of Police, Executive Development Conference, Eagle Ridge Resort, Galena, IL, May 3, 2024 (AWARD)
- Michigan Rural EMS Network Conference, Getting Off the Emotional X™, Traverse City, MI, March 17, 2024.
- Michigan Rural EMS Network Conference, The Fatal 10, Traverse City, MI, March 16, 2024.
- Norfolk, VA Police Department, The Fatal 10 of LE Suicide, March 29, 2024.
- The Pablo Center at the Confluence, Eau Claire Police Department, The Fatal 10 of LE Suicide, March 19-20, 2024.
- 2024 Frontline Convention, 100 Club of Illinois, The Fatal 10 of LE Suicide, Oak Brook, IL, March 18, 2024.
- Master Builders of Iowa. The Fatal 10 of Construction and Extraction, Des Moines, IA, February 27, 2024.
- Bankthe Blue: The FATAL 10 of Law Enforcement Suicide. FOP Lodge #4, Hillside, IL, February 16, 2024.
- Madison County ETSB. Vicarious Trauma: Out of Sight and Out of Mind. Wood River Police Department, IL., January 31, 2024
- Madison County ETSB. Vicarious Trauma: Out of Sight and Out of Mind. Wood River Police Department, IL., December 6, 2023.
- Bankthe Blue: The FATAL 10 of Law Enforcement Suicide. FOP Lodge #4, Hillside, IL, November 9, 2023.
- Southern Illinois Law Enforcement Commission [SILEC]. Annual Police Chiefs’ Conference. Employee Health & Wellness: Recognizing and Minimizing Risk. October 25, 2023. Pere Marquette Lodge, Grafton, IL.
- 100Club of Illinois. The FATAL 10 of Law Enforcement Suicide. October 5, 2023.
- FBINAA: The FATAL 10 of Law Enforcement Suicide: Manchester, MO. September 5, 2023. Bank the Blue: The FATAL 10 of LE Suicide, FOP Lodge #4, Hillside, IL, August 24, 2023.
- FirstResponder Foundation, The FATAL 10 of Law Enforcement Suicide, September 7-8, 2023, Kearney, Nebraska Library.
- Bankthe Blue: The FATAL 10 of LE Suicide, FOP Lodge #4, Hillside, IL, September 14, 2023.
- Louisiana Safer Conference, The FATAL 10 of Law Enforcement Suicide, Louisiana State Police Training Academy, September 22, 2023.
- Concerns of Police Survivors, Traumas of Law Enforcement Training, The FATAL 10 of Law Enforcement Suicide, Kannapolis, NC, August 30, 2023.
- Beyond the Scene: From Surviving to Thriving- The FATAL 10 of Law Enforcement Suicide. July 24, 2023, Marquette, MI, Northern Michigan University.
- University of Missouri, St. Louis, (MO), Child Trafficking& Technology Conference: Effective Response to Online Child Sexual Exploitation – The FATAL 10 for those protecting our Children. July 28, 2023.
- Bank the Blue: The FATAL 10 of LE Suicide, Cook County Sheriff’s Police FOP Lodge #4, Hillside, IL, July 13, 2023.
- Palm Beach County Sheriff’s Office, The FATAL 10 of Law Enforcement Suicide, June 30, 2023.
- Skokie Police Department, The FATAL 10 of Law Enforcement Suicide, June 21, 2023, (Bank the Blue).
- Cook County Sheriff’s Department, The FATAL 10 of Law Enforcement Suicide. May 24, 2023, Triton College.
- Office of the Inspector General, FLECT Campus, The FATAL 10 of Law Enforcement Suicide. April 17, 2023, Charleston, SC.
- Hoffman Estates Police Department, The FATAL 10 of Law Enforcement Suicide. May 9, 2023.
- Cook County Sheriff’s Department, The FATAL 10 of Law Enforcement Suicide. May 10, 2023, Triton College.
- Bank the Blue: The FATAL 10 of LE Suicide, Cook County Sheriff’s Police FOP Lodge #4, Hillside, IL, May 11, 2023.
- Hoffman Estates Police Department, The FATAL 10 of Law Enforcement Suicide. May 16, 2023.
- Cook County Sheriff’s Department, The FATAL 10 of Law Enforcement Suicide. May 17, 2023, Triton College.
- National Association of Women in LE (NAWLEE), The Fatal 10 Keynote, April 13, 2023.
- 2023 Women In LE Conference, The Fatal 10, Peoria, IL, April 5, 2023.
- Palm Beach Sheriff’s Officer (PBSO), The Fatal 10 of LE Suicide, March 31, 2023.
- 100 Club Conference [Keynote, Training, Panel], The Fatal 10 of LE Suicide, March 27, 2023.
- Illinois State Police, The Fatal 10 of Law Enforcement Suicide, Springfield, IL. March 20, 2023.
- Bankthe Blue: The FATAL 10 of LE Suicide, Cook County Sheriff’s Police FOP Lodge #4, Hillside, IL January 19, 2023.
- Kansas Bureau of Investigations: Topeka, KS – The Fatal 10 of LE Suicide - January 12, 2023.
- Bankthe Blue: The FATAL 10 of LE Suicide, Cook County Sheriff’s Police FOP Lodge #4, Hillside, IL January 19, 2023
- Kansas Bureau of Investigations, Topeka, KS: The Fatal 10 of Law Enforcement Suicide, January 12, 2023
- Illinois State Police, The Fatal 10 of Law Enforcement Suicide, Recruit Class, Springfield, IL. December 12, 2022.
- Getting Off the Emotional X®, November 30, 2022, MPTC, Randolph, MA. Community Strategies Unlimited.
- U.S.Consulate General, Women's Leadership in the Armed Forces and Law Enforcement, November 21, 2022.
- Getting Off the Emotional X®, November 16, 18, 2022, Municipal Police Training Committee, Randolph, MA
- Bankthe Blue: The FATAL 10 of LE Suicide, Cook County Sheriff’s Police FOP Lodge #4, Hillside, IL, November 10, 2022.
- Getting off the Emotional X®, Fairview Heights Police Department, November 7, 2022, SILEC.
- Community Strategies Unlimited, LLC. Getting Off the Emotional X®, Lynnfield, MA, October 26 and 28, 2022.
- TheFatal 10: A Deeper Dive into Relationship Issues. Armor Up University, October 21, 2022.

PROFESSIONAL TRAINING CONDUCTED (CONTINUED)

- PaceUniversity, The Fatal 10 of Law Enforcement Suicide, October 17, 2022.
- Illinois State Police, The Fatal 10 of Law Enforcement Suicide. ISP Effingham, IL, October 6, 2022.
- Illinois State Police, The Fatal 10 of Law Enforcement Suicide. ISP Headquarters Downers Grove, IL, September 29.
- Public Safety and Criminal Justice Department, Calumet College of St. Joseph, The Fatal 10 of Law Enforcement Suicide, September 27, 2022.
- Illinois State Police, The Fatal 10 of Law Enforcement Suicide. ISP Headquarters, Downers Grove, IL, September 22.
- Southern Illinois Law Enforcement Commission (SILEC), Vicarious Trauma: Out of Sight and Out of Mind, September 20, 2022, Swansea Police Department, Swansea, IL.
- Southern Illinois Law Enforcement Commission (SILEC), Surviving & Thriving Behind the Badge, September 19, 2022, O'Fallon Department of Public Safety, O'Fallon, IL.
- PoliceStress: The Good, the Bad, and the Ugly. Armor Up University, September 15, 2022.
- FBINAA – The Fatal 10 of Law Enforcement Suicide, Manchester, MO, September 14, 2022.
- Getting Off the Emotional X®, Armor Up University, September 12, 2022.
- Psychological Autopsy for Police Suicides, St. Leo University, August 11-12, 2022, Sponsored by FIRST. August 11-12, 2022, Psychological Autopsy for Police Suicides. St. Leo University, Sponsored by FIRST Florida.
- Illinois Law Enforcement Alarm System (ILEAS), Law Enforcement Wellness Support Event, The Fatal 10, June 21, 2022, Champaign, IL.
- Mentorship: Putting the Pieces Together, Olathe, Kansas Police Department, June 14, 2022.
- Webinar - Behind the Blue Curtain, America Is Sick: Is There a Doctor in the House? June 4, 2022.
- FirstResponder Mental Health Resource Symposium: Panel, May 26, 2022, Hebron, KY.
- Getting Off the Emotional X®, Southern New Hampshire University, Academic Center, Hooksett, NH.
- FirstNet: The Fatal 10: McCormick Place West Building, Chicago, IL: May 17, 2022.
- Armor Up America: Responder Health - Officer Wellness - March 14-15, 2022. Scottsdale, AZ (Online).
- Armor Up America: Responder Health - Officer Wellness - February 24, 2022. Las Vegas, NV (Online).
- Armor Up America: Responder Health - Officer Wellness - January 20-21, 2022.
- Fort Worth, TX. Alcohol, Tobacco, Firearms, and Explosives (ATF) Refresher Training. The Ups & Downs of Remaining Resilient in Turbulent Times. December 9, 2021. Washington D.C.
- Case Studies in Law Enforcement Suicide: Post-Mortem Psychological Investigation Online Course, November 29-30, 2021.
- St. Louis County Police Department, Peer Support: From Inception to Implementation. November 11-12, 2021.
- Mentorship: Putting the Pieces Together, Olathe, Kansas Police Department, November 1, 2021.
- Mid-States Organized Crime Information Center (MOCIC) Deadwood, South Dakota September 1-2, 2021, Coping with the Aftermath: Stress, Vicarious Trauma, and Trauma-Related Experiences.
- WhenMental Health Hits Home Conference. Suicide: Why Are the Middle-Aged At Risk and What Can Be Done? August 27, 2021, Our Lady of the Snows.
- Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL – August 26, 2021.
- St. Clair County Sheriff's Department – Suicide Prevention Training: May 18, 2021. Cahokia Heights, PD IL.
- St. Clair County Sheriff's Department – Suicide Prevention Training: May 13, 2021. Cahokia Heights, PD IL.
- Iowa Sheriffs' and Deputies' Association "Winter School" – "Building a Better Cop" - Des Moines, IA. March 3, 2021.
- The Balanced Warrior: Proactive Officer Wellness – January 26, 2021, Hamilton Township Police Department, Mainville, OH.
- Louisiana Probation & Parole Conference. VALOR: Enhancing Officer Resilience Supplemental Lake Charles, LA. March 11-12, 2020.
- Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental - Albany, NY: March 5-6, 2020. Grant Number: BJA-2019-1511.
- Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL – February 6, 2020.
- Wisconsin Sheriff's and Deputy Sheriff's Association Conference. VALOR Officer Wellness: Enhancing your Health, Wellness, and Resilience. Green Bay, WI: February 3, 2020.
- United States Attorney's Office, Eastern District of Arkansas. National Suicide Awareness for Law Enforcement Officers Program "SAFLEO" Executive Pilot - Little Rock, AR, December 16-17, 2019.
- Southern Illinois Law Enforcement Commission (SILEC): The Balanced Warrior: Proactive Officer Wellness™. Belleville, IL: December 9, 2019.
- United States Attorney's Office, Eastern District of Arkansas. VALOR: Enhancing Officer Resilience Supplemental - Memphis, TN. October 1-2, 2019.
- Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental - Yuma, AZ. September 12-14, 2019. Grant Number: BJA-2019-15113
- Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental - Cincinnati, OH. August 18-19, 2019. Grant Number: BJA-2019-15113
- Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL – August 15, 2019.
- Bureau of Justice Assistance VALOR: Enhancing Officer Resilience Supplemental - Miami, FL. August 9-10, 2019. Grant Number: BJA-2019-15113
- Bureau of Justice Assistance VALOR: Enhancing Officer Resilience - Casper, WY. August 6-7, 2019. Grant Number: BJA-2019-15113
- Bureau of Justice Assistance VALOR: Enhancing Officer Resilience Supplemental – Jacksonville, FL. April 30-May 1, 2019. Grant Number: BJA-2019-15113
- Bureau of Justice Assistance VALOR: Enhancing Officer Resilience Supplemental - Wilmington, DE. April 15-16, 2019. Grant Number: BJA-2019-15113
- Bureau of Justice Assistance VALOR: Enhancing Officer Resilience - Bel Air, MD April 2-3, 2019.
- ILEAS Conference. Police Stress: The Good, the Bad, and the Ugly®. Springfield, IL: March 25, 2019.
- ILEETA: Dealing with an Officer in Crisis. St. Louis, MO: March 22, 2019. Union Station.
- ILEETA: Dealing with an Officer in Crisis. St. Louis, MO: March 23, 2019. Union Station.

PROFESSIONAL TRAINING CONDUCTED (CONTINUED)

- Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental – Wilmington, DE. March 11-12, 2019. Grant Number: BJA-2019-15113
- Bureau of Justice Assistance - VALOR: Enhancing Officer Resilience Supplemental – Wilmington, DE. March 4-5, 2019. Grant Number: BJA-2019-15113
- Resilient-4-Life - St. Clair County Sheriff's Department, Belleville, IL: Feb. 28, 2019 [Police and Corrections personnel].
- Resilient-4-Life - St. Clair County Sheriff's Department, Belleville, IL: Feb. 21, 2019 [Police and Corrections personnel].
- Southern Illinois Law Enforcement Commission. Vicarious Trauma in Tele-Communicators - Out of Sight Out of Mind: Wood River, Illinois, February 7, 2019.
- United States Attorney's Office, Eastern District of Arkansas. VALOR: Enhancing Officer Resilience - Little Rock, Arkansas, February 4-5, 2019.
- Enhancing Officer Resilience - Memphis, Tennessee - Postal Police, January 17, 2019. Enhancing Officer Resilience - Kansas City, Missouri, December 5, 2018, National Public Safety Partnerships Conference.
- Enhancing Officer Resilience - Annual LECC/SCLEOA Executive Level Training and SC Police Chiefs Association, Columbia, SC, November 28, 2018.
- The Balanced Warrior: Proactive Officer Wellness - November 9, 2018, Central Virginia Criminal Justice Center, Lynchburg, VA.
- Surviving & Thriving: Behind the Badge - November 8, 2018, Central Virginia Criminal Justice Center, Lynchburg, VA.
- Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) Health, Wellness, & Resiliency - October 15-17, 2018, VALOR Supplemental - Bensalem, PA. Grant Number: BJA-2019-15113.
- International Association of Chiefs of Police - Creating a Culture to Address Police Suicide, IIR, Orlando, FL. October 6-9, 2018.
- Forty-fourth Annual Conference of the Society for Police and Criminal Psychology. Suicide in St. Clair County, Illinois: Recommendations and Strategies towards Improved Awareness, Prevention, and Intervention Measures. Sarasota, FL: September 30 - Oct 2, 2018.
- National Public Safety Partnership. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) Health, Wellness, & Resiliency - Birmingham, AL: September 23-24, 2018. Grant Number: BJA-2019-15113.
- Stalking: When Obsession goes too far. Quincy, IL: Family Violence Coordinating Council - September 21, 2018.
- Twenty-sixth Annual Four Corners Indian Country Conference. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research Health, Wellness, & Resiliency – September 18-20, 2018.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - Waterford, CT: September 12-13, 2018. National Black State Troopers Coalition, Charleston, SC. Grant Number: BJA-2019-15113.
- Office of the Inspector General - Social Security Administration. The Balanced Warrior: Proactive Officer Wellness. Drury Inn, St. Louis, MO: September 11, 2018. National Native American Law Enforcement Association 26th Annual Conference. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research - Health, Wellness, & Resiliency - Las Vegas, NV: August 28-30, 2018. National Black State Troopers Coalition, Charleston, SC.
- FBI Law Enforcement Executive Development Seminar. Bureau of Justice Assistance - Institute for Intergovernmental Research Health, Wellness, & Resiliency - Atlanta, GA: August 15- 16, 2018. National Black State Troopers Coalition, Charleston, SC.
- Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research - Health, Wellness, & Resiliency - August 8, 2018, National Black State Troopers Coalition, Charleston, SC. Grant Number: BJA-2019-15113.
- Destination Zero Conference, Wellness Panel Member, August 1-2, 2018, Phoenix, AR. Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - July 25-26, 2018, VALOR Supplemental, Jacksonville, AR.
- Peer Support Training, July 17-18, 2018, Omaha, NE: Police & Fire Departments.
- Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) Health, Wellness, & Resiliency - July 12-13, 2018, VALOR Vernal, UT. Grant Number: BJA-2019-15113.
- Police Officer Panel on Stress in Law Enforcement - Charlotte, NC, July 9-12, 2018.
- Town Hall "Suicide in St. Clair County, Illinois 2006-16. St. Clair County Sheriff's Department, Belleville, IL. June 28, 2018.
- Law Enforcement Training and Certification Seminar. Mental Health and Awareness for Law Enforcement, June 25-26, 2018, Tulsa, OK. Hard Rock Hotel and Casino.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 21-22, 2018, VALOR Kalamazoo, MI. Grant Number: BJA-2019-15113.
- National Sheriff's Association Conference, New Orleans, LA. Panel - Creating a Culture to Combat Officer Suicide. June 15-20, 2018.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 12-14, 2018, VALOR Honolulu, HI. Grant Number: BJA-2019-15113.
- 2018 Prairie States Animal Welfare Conference, Bloomington, IL, June 4, 2018 - Coping with Stress: Responders to Victims of Violence & Trauma Related Experiences.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - May 16-17, 2018, VALOR Las Vegas, NV. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - May 8-9, 2018, VALOR Glendora, CA. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 25-26, 2018, VALOR Washington, D.C. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency – April 17-18, 2018, VALOR, Birmingham, AL. Grant Number BJA- 2019-15113.
- International Law Enforcement Educators and Trainers Association (ILEETA) - Enhancing Officer Resilience [VALOR] March 21, 2018, St. Louis, Missouri, Union Station.
- Coping with Stress as a Responder to Victims of Violence and Trauma-Related Experiences. March 7, 2018, the 4th Judicial Circuit Family Violence Coordinating Council -Knights of Columbus, Effingham, IL.
- Survive & Thrive: Protecting You and Your Fellow Officer - Blackwood, NJ; Camden County College Emergency Training Center, March 8, 2018: Safety through Mental Health & Resilience.

PROFESSIONAL TRAINING CONDUCTED (CONTINUED)

- In-service training Alton District #11 Vicarious Trauma, Burnout, Stress, and Suicide Risks. February 16, 2018, Alton, IL.
- Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Madison County ETSB Office, Wood River, IL - February 8, 2018.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - November 2-3, 2017– VALOR Arlington, TX. Grant Number: BJA-2019-15113.
- IRMA Police Forum. The Good, the Bad, and the Ugly: Managing Police Stress. Westchester, IL. October 26, 2017.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 6-8, 2017– VALOR Alexandria, VA. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 6-8, 2017– VALOR Arlington, TX. Grant Number: BJA-2019-15113.
- 2017FVCC Summit, Quincy IL Senior Center, The Good, the Bad, and the Ugly: Coping with Stress as a Responder to Victims of Violence and Trauma-Related Experiences - September 22, 2017.
- Southwestern Border Sheriff's Coalition Enhancing Your Resilience. Hilton San Diego Resort & Spa, San Diego, CA. September 10-12, 2017.
- Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Wood River, IL, February 8, 2017.
- National Association of Women in Law Enforcement Executives [NAWLEE] - Enhancing Officer Resilience, August 4-5, 2017, Kansas City, MO.
- Destination Zero Conference, Wellness Panel Member, August 3-4, 2017, Orlando, FL. The National Organization of Black Law Enforcement Executives [NOBLE] Enhancing
- Officer Resilience Conference, August 1-2, 2017, Atlanta, GA.
- Destination Zero Conference, Officer Safety and Wellness Panel, August 3-4, 2017, Orlando, FL.
- National Association of Women in Law Enforcement, Enhancing Officer Resilience, August 4, 2017, Kansas City, MO.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 27-29, 2017– VALOR Harrisburg, PA. Grant Number: BJA-2019-15113.
- Southern Illinois Law Enforcement Commission (SILEC) Police Stress: The Good, the Bad, and the Ugly - June 16, 2017, Lindenwood University, Collinsville, Illinois. Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - June 6-8, 2017– VALOR Newberry, SC. Grant Number: BJA-2019-15113.
- Police Officer Wellness & Resilience, Mobile Training Unit [MTU] #9 Quincy, IL. May 11, 2017. Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 20, 2017– VALOR Supplemental Greencastle, IN. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness,
- & Resiliency - April 20, 2017– VALOR Supplemental Noblesville, IN. Grant Number: BJA- 2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - April 12-13, 2017– VALOR Essentials - Havana, FL. Grant Number: BJA-2019-15113.
- Women in Criminal Justice Conference - Bloomington-Normal, Illinois - Final Keynote Speaker April 5-6, 2017.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - March 28-30, 2017– VALOR Essentials, Little Rock, Arkansas. Grant Number: BJA-2019-15113.
- Missouri State Park Rangers Conference, Eminence, Missouri (VALOR Supplemental). Officer Wellness: Enhancing Your Health, Wellness, and Resiliency. March 21, 2017.
- International Law Enforcement Educators and Trainers Association (ILEETA) - Dealing with an Officer in Crisis, March 23, 2017, St. Louis, Missouri, Union Station. International Law Enforcement Educators and Trainers Association (ILEETA) - Dealing with an Officer in Crisis, March 24, 2017, St. Louis, Missouri, Union Station.
- Health Summit (St. Clair County (IL) - Suicide Statistics 2006-16 - Four Points Sheraton, Fairview Heights, IL March 3, 2017.
- Southern Illinois Law Enforcement Commission (SILEC): The Balanced Warrior: Proactive Officer Wellness - February 24, 2017 - Lindenwood University, Collinsville, IL.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - Health, Wellness, & Resiliency - February 21, 2017– VALOR Supplemental Jonesboro, GA. Grant Number: BJA-2019-15113.
- The Other Side of the Badge (Spouses Class), Bend, OR, February 18, 2017.
- The Balanced Warrior: Proactive Officer Wellness, Bend, OR [Bend Police Department] February 17, 2017.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – February 14-16, 201 – Georgetown, TX Resilience through Preparation - VALOR Officer. Grant Number: BJA-2019-15113.
- Safety Conference First Responder Conferences - Cocoa Beach, FL - February 5, 2017 - First Responder Resilience.
- FirstResponder Conferences - Charlotte, NC - January 20, 2017, First Responder Resilience. Mid-Atlantic Association of Women in Law Enforcement (VALOR - Supplemental) – Conshohocken, PA. Enhancing your Resiliency. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – Nov. 15-17, 2016 – Kansas City, KS Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – Oct. 4-6, 2016 – Wichita, KS Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Oregon Association of Chiefs of Police/Oregon State Sheriff's Association/Enhancing Resilience through Leadership - September 28-29, 2016, Salem, OR.
- SafeCall Now - Career Protection Resilience Conference "First Responder Resilience" September 28-30, 2016, Seattle, WA.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – Sept. 20-22, 2016 – Dearborn, MI. Grant Number: BJA-2019-15113.
- Resilience through Preparation - VALOR Officer Safety Conference Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR) (VALOR Program) Enhancing your Resiliency – Sept. 14-16, 2016 – Wilmington, DE. Grant Number: BJA- 2019-15113.

PROFESSIONAL TRAINING CONDUCTED (CONTINUED)

- Resilience through Preparation - VALOR Officer Safety Conference, Mid-States Organized Crime Information Center Conference & Training Session, Surviving & Thriving Behind the Badge -August 23-24, 2016 – Wichita, KS. Grant Number: BJA-2019-15113.
- Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ - Lindenwood University, Collinsville, IL Aug. 18, 2016.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – August 10-12, 2016 – Camden, NJ Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – July 20-22, 2016 – Harlingen, TX Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – July 16-18, 2016 – Nashville, TN Resilience through Preparation - VALOR Officer Safety Conference, Grant Number: BJA-2019-15113.
- Surviving & Thriving Behind the Badge – Maineville, OH – July 15, 2016.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – July 12-14, 2016 – Belle Chase, LA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – June 28-30, 2016 – Indianapolis, IN Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – June 21-23, 2016 – St. Louis, MO Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- U.S.Attorney’s Office – Kearney, NE, May 20, 2016, Resilience through Preparation Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program)
- Enhancing your Resiliency – May 17-19, 2016 – Pearl, MS Resilience through Preparation – VALOR Officer Safety Conference.
- Parsons, KS Police Department – May 12, 2016, BOLO 4: Stress, Anxiety Disorders & PTSD and BOLO 6: Communication Issues and Domestic Violence.
- Parsons, KS Police Department – May 13, 2016, Surviving & Thriving Behind the Badge. Bureau of Justice Assistance (BJA) Institute for Intergovernmental Research (IIR)(VALOR Program) Enhancing your Resiliency – May 19-21, 2016 – Tulsa, OK Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – March 29-31, 2016 – Atlanta, GA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 13, 2016, Dealing with the At-Risk Employee.
- International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 14, 2016, Spouses Program: Relationships and Substance Abuse.
- International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 15, 2016, Surviving & Thriving Behind the Badge.
- International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 16, 2016, Dealing with the At-Risk Employee.
- International Law Enforcement Educators & Trainers Association (ILEETA) Rosemont, Illinois – March 17, 2016, Surviving & Thriving Behind the Badge.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – January 20-22, 2016 – Layton, UT Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – January 13-15, 2016 – Las Vegas, NV Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – December 15-17, 2015 – San Bruno, CA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – December 9-11, 2015 – Oregon Resilience
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – November 17-19, 2015 – Richmond, VA Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- National Institute of Public Safety Health (NIPSH), Indianapolis, Indiana - Indiana State Museum - November 6, 2015 - Police Stress: The Good, the Bad, & the Ugly.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – October 13-15, 2015 – Bryant, AR Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency – October 5-7, 2015 – Salem, OR Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- St. Louis County & Municipal Police Academy Surviving & Thriving Behind the Badge October 1, 2015 (8 am-5 pm) - St. Peters (MO) Police Department.
- Bureau of Justice Assistance - Institute for Intergovernmental Research - (VALOR Program) Enhancing your Resiliency - September 16-19, 2015 – Hurst, TX Resilience through Preparation - VALOR Officer Safety Conference. Grant Number: BJA-2019-15113.
- Bureau of Justice Assistance - Institute for Intergovernmental Research (VALOR Program) Enhancing your Resiliency - September 9-11, 2015 - Freehold, NJ. Grant Number: BJA- 2019-15113
- Midwest Security & Police Conference and Expo Police Stress: The Good, the Bad, & the Ugly August 19, 2015.
- Police Suicide: You don’t have the Right to Remain Silent – August 20, 2015, Tinley Park, Illinois.
- Surviving & Thriving Behind the Badge - Southern Illinois Law Enforcement Commission June 30, 2015 – Lindenwood University, Collinsville, Illinois.
- National Alliance on Mental Illness (NAMI) Keynote Speaker: Police Stress June 9, 2015 – Gateway Regional Hospital, Granite City, Illinois
- St. Louis County and Municipal Police Academy, May 07, 2015, St. Peters, Missouri Police Department. The Balanced Warrior: Proactive Officer Wellness.
- Southern Illinois Law Enforcement Commission (SILEC): Tele-communicator Academy, Telecommunications and Vicarious Trauma: Out of Sight Out of Mind™ -, Wood River, IL, February 8, 2015.
- Illinois Law Enforcement Alarm System (ILEAS) Conference April 27, 2015 Crowne Plaza Springfield, IL Surviving & Thriving Behind the Badge.
- No Family Left Behind April 24-25, 2015, Faith Family Church, Shiloh, IL Military Suicide Prevention.

PROFESSIONAL TRAINING CONDUCTED (CONTINUED)

- Montana Department of Corrections: Missoula, Montana - Surviving & Thriving Behind the Badge April 10, 2015.
- Montana Department of Corrections: Missoula, Montana - The Balanced Warrior: Proactive Officer Wellness April 13, 2015.
- Southwestern Illinois College - December 2, 2014 (SILEC) Surviving & Thriving Behind the Badge Belleville, IL.
- Southwestern Illinois College - December 9, 2014 (SILEC) Surviving & Thriving Behind the Badge - Belleville, IL.
- Illinois Baptist State Association - AWSOM Event November 8, 2014, Self-Defense Awareness – Springfield, IL.
- 2014 Oregon Fire Service Conference Keynote: To Strengthen & Serve - November 6, 2014, Sunriver Resort, Bend, OR.
- Church of Strength Conference, Rosemont, IL, October 11, 2014, Church Safety & Security. Church of Strength Conference, Marion, IL, September 27, 2014, Church Safety & Security. Johnson County Community College, Overland Park, Kansas, September 10, 2014, The Balanced Warrior: Proactive Officer Wellness.
- United States Attorney's Office, Kankakee, Illinois, September 9, 2014, Advanced Elderly Service Officer (ESO) Training.
- Heartland Community College, Normal, Illinois, September 3, 2014, The Balanced Warrior: Proactive Officer Wellness.
- United States Probations & Parole Osage Beach, Missouri, Tan- Tar-A Resort - July 24, 2014, The Balanced Warrior: Proactive Officer Wellness.
- Greene County Public Safety Center, Springfield, Missouri - July 14, 2014, The Balanced Warrior: Proactive Officer Wellness.
- Greene County Public Safety Center, Springfield, Missouri - July 15, 2014, Police Stress: The Good, the Bad, & the Ugly.
- O'Fallon Department of Public Safety/Southern Illinois Law Enforcement Commission (SILEC) – O'Fallon, Illinois - June 19, 2014, Surviving & Thriving Behind the Badge.
- Law Enforcement Training Institute, Columbia, Missouri - April 24, 2014, The Balanced Warrior: Proactive Officer Wellness.
- Law Enforcement Training Institute, Columbia, Missouri - April 25, 2014, Police Stress: The Good, the Bad, and the Ugly.
- ICI Detective Training Symposium Los Angeles Police Department (LAPD) April 7-10, 2014, Police Stress: The Good, the Bad, and the Ugly.
- St. Louis County & Municipal Police Academy, St. Peters, MO PD, April 4, 2014, Surviving & Thriving Behind the Badge.
- National Interdiction Conference Nashville, Tennessee - March 30 – April 3, 2014 Police Suicide: You don't have the Right to Remain Silent.
- International Law Enforcement Educators & Trainers Association (ILEETA) Lombard, Illinois – March 26, 2014, The Balanced Warrior: Proactive Officer Wellness. International Law Enforcement Educators & Trainers Association (ILEETA) Lombard, Illinois – March 28, 2014, The Balanced Warrior: Proactive Officer Wellness. Project IL Blue Light - East Peoria, Illinois - February 25, 2014, Police Stress: The Good, the Bad, and the Ugly.
- Crisis Systems Management (CSM) - St. Croix, US VI Police Department - January 19- 24, 2014, Law Enforcement Resiliency – Peer Support (LERPS).
- International Association of Chiefs of Police (IACP) Law Enforcement Education & Technology Exposition, Philadelphia, Pennsylvania - October 19-23, 2013, The Balanced Warrior: Proactive Officer Wellness.
- International Association of Chiefs of Police (IACP) Law Enforcement Education & Technology Exposition, Philadelphia, Pennsylvania - October 19-23, 2013, Poster Session: Police Stress: The Good, the Bad, & the Ugly.
- FBINAA 2013 Annual Training Conference, Rosen Shingle Creek Resort - Orlando, Florida, July 27-30, 2013, The Balanced Warrior: Proactive Officer Wellness.
- La Salle County Sheriff's Department, Ottawa, Illinois - May 6, 2013, The Balanced Warrior: Proactive Officer Wellness.
- Lake Zurich Police Department, Lake Zurich, Illinois - April 8, 2013, The Balanced Warrior: Proactive Officer Wellness.
- National Interdiction Conference, Tulsa, Oklahoma - March 11, 2013, Police Suicide: You don't have the Right to Remain Silent.
- St. Louis County & Municipal Police Academy, St. Louis, Missouri - January 25, 2013, The Balanced Warrior: Proactive Officer Wellness.
- Thomas A. Hontz Training Facility, Tempe, Arizona - January 28, 2013, The Balanced Warrior: Proactive Officer Wellness.
- Southern Illinois Law Enforcement Commission (SILEC) - Belleville, Illinois - September 25, 2012, The Balanced Warrior: Proactive Officer Wellness.
- Midwest Security & Police Conference, Tinley Park Convention Center, Tinley Park, Illinois, August 21-22, 2012, Police Suicide: You don't have the Right to Remain Silent.
- International Law Enforcement Educators & Trainers Association (ILEETA) Wheeling, Illinois, 16- 22 April 2012, Police Suicide: You don't have the right to Remain Silent.
- Crisis Systems Management (CSM), LLC, Schofield Barracks, Hawaii- 27 February - March 2, 2012, U.S. Army Military Police School (USAMPS) Critical Incident Peer Support.
- Crisis Systems Management (CSM), LLC, Fort Sill, Oklahoma - December 3 – 7, 2012, U.S. Army Military Police School (USAMPS) Critical Incident Peer Support. Crisis Systems Management, LLC, Fort Leavenworth, Kansas - February 10-16, 2013, U.S. Army Military Police School (USAMPS) Critical Incident Peer Support. International Association of Chiefs of Police (IACP), Chicago, Illinois - October 23, 2011, Epidemic in Blue: Police Suicide Awareness & Prevention.
- Mental Health in Law Enforcement: A Proactive Approach National Committee with Attorney General International Association of Chiefs of Police Symposium on Police Officer Suicide - Alexandria, Virginia Police Department March – July 2013.
- Beyond Survival Towards Officer Wellness (BeSTOW) (2010) Speaker/Presenter on Police Suicide - Federal Bureau of Investigations (FBI) Behavioral Science Unit